

Morning Prayer

Lent 2025



Grace and Holy Trinity Cathedral

kccathedral.org

Thursday after Ash Wednesday

March 6

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 37:1-18

1st Reading: Deuteronomy 7:6-11

Canticle: 8, p. 85

2nd Reading: Titus 1:1-16

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

The General Thanksgiving: p. 101

Concluding V. & R.: p. 102

Monday of the First Sunday in Lent

March 10

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 41, 52

1st Reading: Deuteronomy 8:11-20

Canticle: 9, p. 86

2nd Reading: Hebrews 2:11-18

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Tuesday of the First Sunday in Lent

March 11

Opening Sentences: p. 76

Confession: p. 79

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Psalm(s): 45

1st Reading: Deuteronomy 9:4-12

Canticle: 13, p. 90

2nd Reading: Hebrews 3:1-11

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Wednesday of the First Sunday in Lent

March 12

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Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 119:49-72

1st Reading: Deuteronomy 9:13-21

Canticle: 14, p. 90

2nd Reading: Hebrews 3:12-19

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Thursday of the First Sunday in Lent

March 13

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 50

1st Reading: Deuteronomy 9:23-10:5

Canticle: 8, p. 85

2nd Reading: Hebrews 4:1-10

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Monday of the Second Sunday in Lent

March 17

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 56, 57, [58]

1st Reading: Jeremiah 1:11-19

Canticle: 9, p. 86

2nd Reading: Romans 1:1-15

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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March 18

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 61, 62

1st Reading: Jeremiah 2:1-13

Canticle: 13, p. 90

2nd Reading: Romans 1:16-25

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Wednesday of the Second Sunday in Lent

March 19

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Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 132

1st Reading: Isaiah 63:7-16

Canticle: 14, p. 90

2nd Reading: Matthew 1:18-25

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Thursday of the Second Sunday in Lent

March 20

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): [70], 71

1st Reading: Jeremiah 4:9-10, 19-28

Canticle: 8, p. 85

2nd Reading: Romans 2:12-24

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Monday of the Third Sunday in Lent

March 24

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Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 80

1st Reading: Jeremiah 7:1-15

Canticle: 9, p. 86

2nd Reading: Romans 4:1-12

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Tuesday of the Third Sunday in Lent

March 25

Opening Sentences: p. 76

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Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 85, 87

1st Reading: Isaiah 52:7-12

Canticle: 13, p. 90

2nd Reading: Hebrews 2:5-10

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Wednesday of the Third Sunday in Lent

March 26

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Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 119:97-120

1st Reading: Jeremiah 8:18-9:6

Canticle: 14, p. 90

2nd Reading: Romans 5:1-11

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Thursday of the Third Sunday in Lent

March 27

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Psalm(s): [83] or 42, 43

1st Reading: Jeremiah 10:11-24

Canticle: 8, p. 85

2nd Reading: Romans 5:12-21

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Monday of the Fourth Sunday in Lent

March 31

Opening Sentences: p. 76

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Psalm(s): 89:1-18

1st Reading: Jeremiah 16:10-21

Canticle: 9, p. 86

2nd Reading: Romans 7:1-12

Canticle: 19, p. 94

The Creed: p. 96

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Tuesday of the Fourth Sunday in Lent

April 1

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 97, 99, [100]

1st Reading: Jeremiah 17:19-27

Canticle: 13, p. 90

2nd Reading: Romans 7:13-25

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Wednesday of the Fourth Sunday in Lent

April 2

Opening Sentences: p. 76

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Psalm(s): 101, 109:1-4(5-19)20-30

1st Reading: Jeremiah 18:1-11

Canticle: 14, p. 90

2nd Reading: Romans 8:1-11

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Thursday of the Fourth Sunday in Lent

April 3

Opening Sentences: p. 76

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Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 69:1-23(24-30)31-38

1st Reading: Jeremiah 22:13-23

Canticle: 8, p. 85

2nd Reading: Romans 8:12-27

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

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Monday of the Fifth Sunday in Lent

April 7

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 31

1st Reading: Jeremiah 24:1-10

Canticle: 9, p. 86

2nd Reading: Romans 9:19-33

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

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Tuesday of the Fifth Sunday in Lent

April 8

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): [120], 121, 122, 123

1st Reading: Jeremiah 25:8-17

Canticle: 13, p. 90

2nd Reading: Romans 10:1-13

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

The General Thanksgiving: p. 101

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Wednesday of the Fifth Sunday in Lent

April 9

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 119:145-176

1st Reading: Jeremiah 25:30-38

Canticle: 14, p. 90

2nd Reading: Romans 10:14-21

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

The General Thanksgiving: p. 101

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Thursday of the Fifth Sunday in Lent

April 10

Opening Sentences: p. 76

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Psalm(s): 131, 132, [133]

1st Reading: Jeremiah 26:1-16

Canticle: 8, p. 85

2nd Reading: Romans 11:1-12

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

The General Thanksgiving: p. 101

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Monday in Holy Week

April 14

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 51:1-18(19-20)

1st Reading: Jeremiah 12:1-16

Canticle: 9, p. 86

2nd Reading: Phillipians 3:1-14

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

The General Thanksgiving: p. 101

Concluding V. & R.: p. 102

Tuesday in Holy Week

April 15

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 6, 12

1st Reading: Jeremiah 15:10-21

Canticle: 13, p. 90

2nd Reading: Phillipians 3:15-21

Canticle: 18, p. 93

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

The General Thanksgiving: p. 101

Concluding V. & R.: p. 102

Wednesday in Holy Week

April 16

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 55

1st Reading: Jeremiah 17:5-10, 14-17

Canticle: 14, p. 90

2nd Reading: Phillipians 4:1-13

Canticle: 16, p. 92

The Creed: p. 96

The Prayers: p. 97

Suffrages: A, p. 97

The General Thanksgiving: p. 101

Concluding V. & R.: p. 102

Thursday in Holy Week

April 17

Opening Sentences: p. 76

Confession: p. 79

Preces: p. 81

Invitatory: Venite, p. 82

Psalm(s): 102

1st Reading: Jeremiah 20:7-11

Canticle: 8, p. 85

2nd Reading: 1 Corinthians 10:14-17; 11:27-32

Canticle: 19, p. 94

The Creed: p. 96

The Prayers: p. 97

Suffrages: B, p. 98

The General Thanksgiving: p. 101

Concluding V. & R.: p. 102

First Sunday in Lent

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Second Sunday in Lent

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. Amen.

Third Sunday in Lent

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Fourth Sunday in Lent

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Fifth Sunday in Lent

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you

promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Monday in Holy Week

Almighty God, whose dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Tuesday in Holy Week

O God, by the passion of your blessed Son you made an instrument of shameful death to be for us the means of life: Grant us so to glory in the cross of Christ, that we may gladly suffer shame and loss for the sake of your Son our Savior Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Wednesday in Holy Week

Lord God, whose blessed Son our Savior gave his body to be whipped and his face to be spit upon: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Maundy Thursday

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.