# Grace and Holy Trinity Episcopal Cathedral



"Anointing at Bethany" by Jorge Cocco Santángelo

## The Fourth Sunday in Lent March 30, 2025 • 5 p.m.

## Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.

### Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (\*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.

## Holy Eucharist

VOLUNTARY: Sei gegrüßet, Jesu gütig ("Hail to you, kind Jesus"), BWV 768, Var. 7-9

#### \* Penitential Order page 351 Presider Bless the Lord who forgives all our sins; People His mercy endures for ever. The Celebrant will add one of the sentences from page 351-352. CONFESSION OF SIN please kneel, as able page 352 All Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen. Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. People Amen. Kyrie eleison. (Lord, have mercy.) Presider Christe eleison. (Christ, have mercy.) People Presider Kyrie eleison. (Lord, have mercy.)



J.S. Bach (1685-1750)

## The Word of God

### \* Collect of the Day

Presider	The Lord be with you.
People	And also with you.
Presider	Let us pray.
	Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. <b>Amen</b> .
The Lessons	
First Lesson: Joshua 5:9-12	

Lector	The Lord said to Joshua, "Today I have rolled away from you the disgrace of Egypt." And so that place is
	called Gilgal to this day.

While the Israelites were camped in Gilgal they kept the passover in the evening on the fourteenth day of the month in the plains of Jericho. On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year.

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The Word of the Lord.

People Thanks be to God.

Psalm 32 read by alternating whole verse

Happy are they whose transgressions are forgiven, * and whose sin is put away!
Happy are they to whom the Lord imputes no guilt, *
and in whose spirit there is no guile!
While I held my tongue, my bones withered away, *
because of my groaning all day long.
For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.
Then I acknowledged my sin to you, *
and did not conceal my guilt.
I said, "I will confess my transgressions to the Lord." *
Then you forgave me the guilt of my sin.
Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
You are my hiding-place; you preserve me from trouble; *
you surround me with shouts of deliverance.
"I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.
Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle, or else they will not stay near you."
Great are the tribulations of the wicked; *
but mercy embraces those who trust in the Lord.
Be glad, you righteous, and rejoice in the Lord; *
shout for joy, all who are true of heart.

### Second Lesson: 2 Corinthians 5:16-21

Lector From now on, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. If anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. The Word of the Lord.

People Thanks be to God.

### \* The Holy Gospel: Luke 15:1-3, 11b-32

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Gospeller

Giory to you, Lora Chirist.

All the tax collectors and sinners were coming near to listen to Jesus. And the Pharisees and the scribes were grumbling and saying, "This fellow welcomes sinners and eats with them."

So Jesus told them this parable:

"There was a man who had two sons. The younger of them said to his father, 'Father, give me the share of the property that will belong to me.' So he divided his property between them. A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. When he had spent everything, a severe famine took place throughout that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands." So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his slaves, 'Quickly, bring out a robe—the best one—and put it on him; put a ring on his finger and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate; for this son of mine was dead and is alive again; he was lost and is found!' And they began to celebrate.

"Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. He called one of the slaves and asked what was going on. He replied, 'Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.' Then he became angry and refused to go in. His father came out and began to plead with him. But he answered his father, 'Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!' Then the father said to him, 'Son, you are always with me, and all that is mine is yours. But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.'''

The Gospel of the Lord.

People Praise to you, Lord Christ.

#### Sermon

* The Nicene Cree	D
All	We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
	We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life,
	<ul> <li>who proceeds from the Father and the Son.</li> <li>With the Father and the Son he is worshiped and glorified.</li> <li>He has spoken through the Prophets.</li> <li>We believe in one holy catholic and apostolic Church.</li> <li>We acknowledge one baptism for the forgiveness of sins.</li> <li>We look for the resurrection of the dead, and the life of the world to come. Amen.</li> </ul>
* Prayers of the P	<b>EOPLE</b> adapted from Hear Our Prayer: Prayers of the People for the Revised Commo
Intercessor	Forgiving Father, you watch for us with a loving heart, welcoming us home to you. Give us the

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n Lectionary

- Intercessor Forgiving Father, you watch for us with a loving heart, welcoming us home to you. Give us the grace to see our path clearly and correct our course when we are led astray. Hear and answer our prayers to you as we say, Lord in your mercy, hear our prayer.
   Send your message of love to the world through us, that we might be examples of your good news to those who know us. Use our hearts and hands to your purpose. Open our mouths to advocate for the poor. Give us ears that hear the cries of the lonely, the forgotten, the imprisoned, and the poor. Lord in your mercy,
   People Hear our prayer.
- IntercessorGive peace to our next bishop, Amy, and her family as they prepare to join us in our life and ministry.Lord in your mercy,
- People Hear our prayer.

	Turn our foolish hearts from hate and division and unite us in a bond of love that will not tolerate persecution, violence, or waste. Give our leaders the desire for true service to your people and a passion for bringing peace to all nations.
	Lord in your mercy,
People	Hear our prayer.
Intercessor	Give strength to those who are afraid, to those who are facing diagnoses, disaster, or loss. Comfort them with your spirit of hope and restore those things which have been lost.
	Lord in your mercy,
People	Hear our prayer.
	Turn us away from bitterness and hopelessness. Give healing to those who are ill, peace to those of anxious heart or defeated spirit, that they might find wholeness of body, mind, and soul. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.
	Lord in your mercy,
People	Hear our prayer.
	Give comfort to those who grieve and care to those who have died, and grant that we might all know resurrected life in your new age. We pray especially for those we now name, either silently or aloud.
	Lord in your mercy,
People	Hear our prayer.
Presider	Father, you rejoice when what is lost becomes found in you; search our hearts and keep them ever focused on the abundant life we find in you, your Son and the in the Holy Spirit. <b>Amen.</b>
* The Peace	page 360
Presider	The peace of the Lord be always with you.
People	And also with you.
Announcements	
Celebration Pray	ER
	O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin
	another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

## The Holy Communion

Offertory Sente	ENCE	page 376
Presider	Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to Go Ephesians 5:2	d.

\* Offertory Hymn: 690 "Guide me, O thou great Jehovah"



Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt. Music: Cwm Rhondda, John Hughes (1873-1932). All Rights Reserved. Reprinted under One License.net #A-710278.

\* The Great Thanksgiving, Eucharistic Prayer A

Presider	The Lord be with you.
People	And also with you.
Presider	Lift up your hearts.
People	We lift them to the Lord.
Presider	Let us give thanks to the Lord our God.
People	It is right to give God thanks and praise.

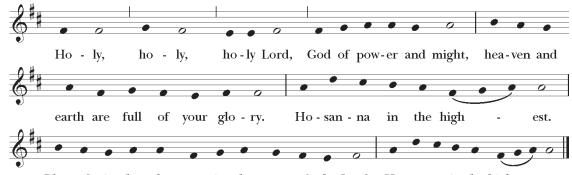
Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S124: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est. Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.
Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.
All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.
And now, as our Savior Christ has taught us, we are bold to say,
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

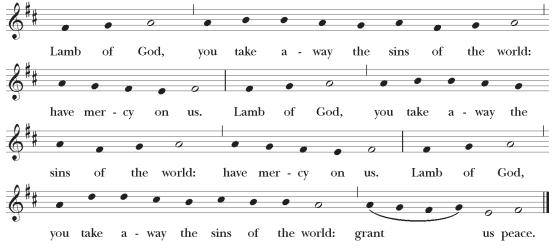
#### \* Breaking of the Bread

Presider Christ our Passover is sacrificed for us;

People

Therefore let us keep the feast.

S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: Agnus Dei



Music: From New Plainsong; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc. All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### Communion

All are welcome to receive communion or a blessing. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

#### \* Postcommunion Prayer

Presider Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### \* Prayer Over the People

Presider Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. Amen.

#### \* DISMISSAL

Following the dismissal,

People Thanks be to God.

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\* CLOSING HYMN: 559 "Lead us, heavenly Father, lead us"



Words: James Edmeston (1791-1867), alt. Music: Dulce carmen, melody from An Essay on the Church Plain Chant, 1782; adapt. Collection of Motetts or Antiphons, ca 1840; harm. William Henry Monk (1823-1889). All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Erhalt uns, Herr, bei deinem Wort ("Keep us, Lord, by your Word")

Georg Böhm (1661-1733)

Serv	ing Today
Presider & Preacher	The Rev. W. James Yazell
Lector & Eucharistic Minister	Janel Mosley
Organist	Dr. Lucas Fletcher

## **Cathedral Prayer List**

**Pray for:** Diane Barker; Legal immigrants who are being separated from family and friends; Jonathan; Christine Copeland; Sheri Packett; Meribeth Risebig; Rebecca Rezaei; Luke "Skippy" Harbur; Penny Sullivan; Ellen Goheen; Bob Sherwood; Rev. Miranda Cully; Those impacted by the apartment fire in Independence; Those injured in the school shooting in Nashville; David Barker; Ann Ryder; Juliana Johnson; Phineas Gitta; Sally Livengood; Eric Anderson; Sandra Fuhrman; Glen and Terri Wesner; Those impacted by fire in California; Those injured by gun violence in Queens, NY; Those injured in New Orleans; David Ting; Isaiah Russell III; All families affected by gun violence; Charlotte Colburn; All those fighting cancer; Mike Barzee & Family; Larry McMullen; Joyce Morrow; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; First Responders

**Comfort and Peace:** the family and friends of Jack Whitacre; the family and friends of Doyle White; the family and friends of Ann Spicer; the family and friends of Katherine Reynolds Stamps; the family and friends of Martha Taylor Johnson; the family and friends of the McShann family; the family and friends of those lost and injured in the school shooting in Nashville; the family and friends of Roger Kirby; the family and friends of all those lost in the California fires; the family and friends of Dennis Sharkey; the family and friends of Charlotte, Jeffrey and Zachary Hatcher; the family and friends of Randy Mueller; the family and friends of Sandra Hornbeck; all families affected by gun violence

**Pray for the Departed:** Jack Whitacre; Doyle White; Ann Spicer; those lost in the plane crash in Philadelphia; those lost in the crash in Washington DC; Katherine Reynolds Stamps; Martha Taylor Johnson; Dennis Sharkey; Roger Kirby; those lost in the California fires; Charlotte, Jeffrey and Zachary Hatcher; Randy Mueller; Sandra Hornbeck; those lost in war; those who have died from gun violence

**Diocesan Prayer Cycle:** The Episcopal Diocese of Missouri, St. Louis, Missouri — The Rt. Rev. Deon Johnson, Bishop

The Stewardship Committee

To place a person on this prayer list, please contact Deacon Barbara Wegener, **bwegener@kccathedral.org**, or text PRAYER at (816) 310-1888.

View the prayer list anytime: kccathedral.org/prayers

## **Birthdays & Anniversaries**

Please contact the Cathedral office if we have omitted your birthday or anniversary.

**March 30** Ellen Goheen

**March 31** Juliana Johnson Camille Moore **April 1** Joyce Gillespie Rachel Ensor

**April 3** Curtis Hamilton



Your generous gifts, in memory of or in thanksgiving for a loved one, help provide flowers. The Easter flower envelopes are available at the back of the Nave. Return the envelope to the office by Sunday, April 13, for your name to be included in the Easter bulletins.

Mail your check to the Cathedral, text "GIVETOGHTC flowers" to 73256 to give using your mobile device or use the "Give" button on our website (top right side of the main menu).

## Easter Vigil & Easter Day Receptions

Continue the Easter celebrations after services with receptions in Founders' Hall. We invite you to help by bringing food and/or helping with setup or cleanup.

### We need volunteers for these positions:

- Prepare and bring food: drop off your appetizer or dessert at least 15 minutes before the service.
- Setup: Be present 30 minutes prior to the service to receive food, label and put food and drink on tables, etc.
- Clean up after the reception

It is a fun way to get to know people, and volunteers sometimes get to sample goodies before the event! Sign up on our website: kccathedral.org/upcoming-events

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, Dean; The Rev. W. James Yazell, Associate Priest; The Rev. Barbara Wegener, Deacon; The Rev. CJ Duffie, Deacon; Dr. Lucas Fletcher, Director of Music; Clare Stern-Burbano, College, Youth & Children's Minister; Julie Toma, Cathedral Administrator; Holly Campbell, Events Coordinator; Steve Berman, Finance Coordinator; Dr. Joan Bergstrom, Sacristan & Volunteer Coordinator; Angie Graham, Facility Manager; Bianca Jackson, Assistant Facility Manager; The Very Rev. Peter J. DeVeau, Dean Emeritus; Canon John Schaefer, Canon Musician Emeritus

The Vestry: Steve Moore, Senior Warden, smoore@skeltonmoore.com; Nigel Jones, Junior Warden, redbox712@gmail.com, (405) 747-6550; Chip Buckner, Treasurer; Blain Lagergren, Clerk; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

## Today's Focal St. John's Bible Illumination

## Fourth Sunday in Lent – God's Unfathomable Love

### "Luke Anthology" (Focus on the Luke 15:11-32 portion)

One benefit of practicing Visio Divina is its capacity to connect individual units of biblical teaching into a more comprehensive theological framework. Today's focus from the Saint John's Bible offers an opportunity to apply this.

The "Luke Anthology" illumination portrays a collection of five parables and a narrative from the Gospel of Luke dealing with Jesus' teachings on love and care. Each parable emphasizes a specific lesson related to the overarching theme: God is forgiving, God is generous, God cares for persons who are forgotten and marginalized. From the upper left-hand of the panel to the lower right, the anthology treats the parables of: (1) the lost coin (Luke 15:8-10), (2) the lost sheep (Luke 15:4-7, (3) the Good Samaritan (Luke 10:29-37),(4) the Lost (or Prodigal) Son (Luke 15:11-32), and (5) the Rich Man and Lazarus (Luke 16:19-31). The comprehensive message of the anthology is that God loves not just the righteous but also those found outside popularly established lifestyle norms (e.g., tax collectors, foreigners, the

wayward, the destitute, etc.) and he cares deeply for them. God is not impressed by a person's social status, wealth, or power, but rather by the love and care a person shows to others.

In the lower right-hand corner of the illumination (on the opposite page) are the figures Mary and Martha listening to Jesus (the gold figure just above them). Drawing from the narrative in Luke 10:38-47, Jesus' message "there is need of one thing only" is highlighted — a



message that adds further emphasis to his teachings regarding love and hospitality (caring). Each sister represents one of two sides of loving and caring listening (Mary) and doing (Martha).

The particular emphasis of today's text is on the fourth band of the illumination — the parable of the Lost Son. The lesson of this parable addresses the radical nature of God's forgiveness and acceptance. Attempting to apply the hard challenges of forgiving (especially acts of horrendous evil), Donald Jackson included golden images of the Twin Towers destroyed during the 911 attacks in New York City (which occurred about five months after this volume was completed. Jackson subsequently added the Towers to Aidan Hart's original illumination). These images connect the Good Samaritan, Lost Son, and Rich Man and Lazarus parables. How could a person succeed in forgiving such a serious offense? It is a radical step of love for a father to forgive and restore a wayward son, but what would it take for the same forgiveness and love to be applied

to the evils of the entire human family? The Twin Towers are intended to remind us of the difficulty and perhaps impossibility of such radical forgiveness outside the operations of God's forgiveness, love, and care.

Why do you think Jackson portrayed the Twin Towers in gold (which is used in Saint John's Bible to indicate divinity or divine activity)? What is significant about locating the Twin Towers images so they connect the parables of the Good Samaritan, the Prodigal Son, and the Rich Man and Lazarus? What does this anthology communicate to you about God's love and care amid the events occurring in our world right now?

## Prayer for the Transition of Our Next Bishop

Gracious and Loving God, we give thanks for the election of our next Bishop, Amy. Watch over Amy, her husband Jared, and their children Elise, Jacob, and Woodrow as they prepare to leave friends, colleagues, and neighbors to join us here in the Diocese of West Missouri. Open our hearts to receive your inspiration and wisdom so that we may joyfully welcome them into our life and ministry in You. This we ask in grateful thanksgiving. AMEN.





TAKE, EAT, REMEMBER.



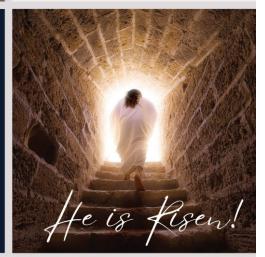
## IT IS FINISHED.



# IN THE WAITING...



HOLY WEEK & EASTER april 13-20, 2025



**Palm Sunday** 8 & 10:30 a.m. & 5 p.m.

**Monday & Wednesday in Holy Week** 12:05 p.m.

**Tuesday in Holy Week** 11:00 a.m. Blessing of Oils & Renewal of Vows **Maundy Thursday** 7 p.m.

**Good Friday** 9 a.m. & 12:05 p.m.

Holy Saturday 9 a.m. **Easter Vigil** 7 p.m.

**Easter Day** 8 & 10:30 a.m.

## **Outreach Volunteer Opportunities**

### The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

<u>Upcoming TEFAP dates:</u> April 19 May 17 June 21

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or **bwegener@kccathedral.org**.

## Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day.

Pete's Garden meals are distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at **petesgarden.org/volunteer**.

## Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that we can continue providing nutritious meals, offering essential pantry staples, and building a hungerfree community.

By volunteering with us, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Together, we can achieve more. Join us today and help nourish Kansas City!

Sign up for a shift at **theprospectkc.org/nourish-kc**.

## Weekly Calendar

#### Sunday

8 a.m.	Holy Eucharist
9 a.m.	Coffee Hour/Hospitality Time
9:15 a.m.	Formation for Adults & Youth
10:30 a.m.	Holy Eucharist*
10:30 a.m.	Cathedral Kids
11:30 a.m.	Coffee Hour/Hospitality Time
5 p.m.	Order for Evening and Holy Eucharist
	[Choral Evensong, 3rd Sundays]
6 p.m.	Youth Group

#### Monday

9 a.m. Morning Prayer^

\*In person and streamed on YouTube @kccathedral +On Zoom ^In Person and streamed on Facebook @kccathedral

#### Tuesday

7:30 a.m.	GHTC's Virtual Cafe+
9 a.m.	Morning Prayer^
12:30 p.m.	Women's Bible Study+
6:45 p.m.	Lectionary Bible Study+

#### Wednesday

9 a.m. Morning Prayer^
12:00 p.m. Noonday Prayer\*
12:00 p.m. AA Meeting in Multipurpose Room
12:05 p.m. Holy Eucharist
6:30 p.m. Rehearsal: Bell Choir

#### Thursday

9 a.m. Morning Prayer^ 7 p.m. Rehearsal: Trinity Choir

### Learn more about our weekly services and opportunities for study and fellowship: kccathedral.org

### New Church Texting Service: Text us at (816) 310-1888

- Text LOOP to stay in the loop about Cathedral updates (weather closures, reminders).
- Text GUEST if you are new with us & want to know more.
- Text PRAYER to submit prayer requests.

You'll then receive a return text with a link to a form requesting your name and email. Once you've completed the form for the first time, the system will recognize you when you text again. *Note: this number is for texts only, not voice calls.* 

### March: Food Drive for JFSKC Pantrsy

We are collecting food for Jewish Family Services Pantry in Brookside. *Suggested items to bring:* Canned Meat, Canned Fruit or Vegetables, Macaroni & Cheese and Packaged Mashed Potatoes, Packaged Dessert Mixes.

Your donation goes directly to the shelves in the JFS Food Pantries, helping 400 families monthly, right in our community. You may leave items in the box in the Tower.

## **Volunteers for Children & Youth Ministry**

We are currently looking for persons who can offer commitment to help us support our children and youth ministry program. Benefits for you include a way to serve your church community and enrich young people's faith formation experience! We need help with:

- Youth Formation (9:15-10:15 a.m. Sundays) assisting Clare. *No teaching required, unless you would like to*
- Children's Formation (10:20-11:05 a.m. Sundays)
- Sunday Evening Youth Group No teaching required, unless you would like to. Dinner is provided.
- General Youth Event Activities (supervision/ transportation) *This is as needed.*

## **Egg Hunt Candy Donations**

Bring your donations of candy (individually wrapped, in small packages) to the basket in the Tower by April 6.

## Praying the Lenten Gospels: Embodying Ourselves in the Wilderness

### Wednesdays, March 12-April 9 • 6:30-7:45 p.m.

Dean Keyse will lead four Lenten mediations in which participants will listen to the corresponding Gospel for the upcoming Sunday, Year C, and begin to picture themselves within the story. Each meditation will utilize images and music associated with that particular Gospel. With the image before us, we will hear the reading and immerse ourselves within the wilderness of Lent. Registration is required. Link at **kccathedral.org/upcoming-events**. Use the coupon code GRACE to register for free.

### Safe Church Training Seminar Saturday, April 5 • 10 a.m. • GHTC Common Room

Safe Church, Safe Communities trainings are intended to aid in creating safe and welcoming communities for all people, and to communicate adopted policies of the church that protect all people, especially those most vulnerable or susceptible to power imbalances in our communities.

Safe Church training can be completed online or you can attend this in-person training at GHTC. These trainings are encouraged for everyone to participate and mandatory for all clergy, staff, and volunteer leaders of any church, institution, or ministry associated with The Diocese of West Missouri. **RSVP for the in-person** training at diowestmo.org/events. If you would like to take the training online, contact Julie Toma (jtoma@kccathedral.org).

### Palm Cross Making Sunday, April 6 • 9 & 11:45 a.m. • Founders' Hall

Enjoy a cup of coffee and make crosses out of palm leaves for distribution on Palm Sunday. Please bring your scissors. Someone will help if you've never made palm crosses before!

### **Easter Basket Packing** Palm Sunday, April 13 • 9 a.m.

Come help us pack Easter baskets for Crittenton Children's Center, Camber Children's Center and Sheffield Place.