Grace and Holy Trinity Cathedral



ASH WEDNESDAY

MARCH 5, 2025

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher.
- Restrooms are available in Founders' Hall. A changing station is available in the restroom at west end (rear) of the Cathedral.

Service Notes

- Page numbers listed are from The Book of Common Prayer. Hymn numbers are from The Hymnal 1982.
- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. Thank you for your generosity.





Collect of the Day

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Joel 2:1-2,12-17

Blow the trumpet in Zion; sound the alarm on my holy mountain! Let all the inhabitants of the land tremble, for the day of the Lord is coming, it is near-a day of darkness and gloom, a day of clouds and thick darkness! Like blackness spread upon the mountains a great and powerful army comes; their like has never been from of old, nor will be again after them in ages to come. Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Return to the Lord, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love, and relents from punishing. Who knows whether he will not turn and relent, and leave a blessing behind him, a grain offering and a drink offering for the Lord, your God? Blow the trumpet in Zion; sanctify a fast; call a solemn assembly; gather the people. Sanctify the congregation; assemble the aged; gather the children, even infants at the breast. Let the bridegroom leave his room, and the bride her canopy. Between the vestibule and the altar let the priests, the ministers of the Lord, weep. Let them say, "Spare your people, O Lord, and do not make your heritage a mockery, a byword among the nations. Why should it be said among the peoples, Where is their God?"

Psalm 103:8-14

The Lord is full of compassion and mercy, *
slow to anger and of great kindness.

He will not always accuse us, *
nor will he keep his anger for ever.

He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.

As far as the east is from the west, *
so far has he removed our sins from us.

As a father cares for his children, *
so does the Lord care for those who fear him.

For he himself knows whereof we are made; *
he remembers that we are but dust.

2 Corinthians 5:20b-6:10

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you." See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Matthew 6:1-6, 16-21

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven. So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you. And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you. Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

ASH WEDNESDAY LITURGY

7 a.m. & 12:05 p.m.

The Word of God

Sarah MacDonald (b. 1968)

J.G. Walther (1684-1748)

(12:05 p.m.) VOLUNTARY: Trio on Attende, Domine

* OPENING SALUTA Presider People	ATION Bless the Lord who forgives all our sins. His mercy endures forever.	page 355
Collect of the Day		p. 2 of this bulletin
LESSONS Meditative silence follows the readings. Joel 2:1-2,12-17 Psalm 103:8-14 spoken in unison 2 Corinthians 5:20b-6:10		p. 2 of this bulletin p. 2 of this bulletin
* (12:05 p.m.) Gospi	EL Нумn: 152 "Kind maker of the world"	
* The Holy Gospel: Matthew 6:1-6, 16-21		p. 2 of this bulletin
Номіцу		
* Invitation to the Observance of a Holy Lent		page 264
Imposition of A	SHES All are invited to the front to receive the imposition of a	shes.
PSALM 51 All kneel, as able. Read responsively, by the half verse.		page 266
Litany of Penitence		page 267
* THE PEACE Presider People	The peace of the Lord be always with you. And also with you.	
* (12:05 p.m.) Offer	The Holy Commun	nion
The Great Thanksgiving, Eucharistic Prayer A The Lord's Prayer Breaking of the Bread		page 361 page 364
For gluten-free	N e to receive communion or a blessing. bread, cross your hands palms down. cross your hands over your chest.	
* Postcommunion Prayer		page 365
Prayer over the Presider Dismissal	E PEOPLE Grant, most merciful Lord, to your faithful people pall their sins, and serve you with a quiet mind; throu	• •
- 101411001111		page 300

* (12:05 p.m.) Closing Hymn: 149 "Eternal Lord of love, behold your church"

(12:05 p.m.) VOLUNTARY: Erhalt uns, Herr, bei deinem Wort ("Keep us, Lord, in your word")

ASH WEDNESDAY LITURGY 7 p.m.

Voluntary: Trio on Attende, Domine Sarah MacDonald (b. 1968)

SALUTATION page 355

Presider Bless the Lord who forgives all our sins.

People His mercy endures forever.

The Word of God

* COLLECT OF THE DAY p. 2 of this bulletin

LESSONS Meditative silence follows the readings.

p. 2 of this bulletin

Joel 2:1-2,12-17

Psalm 103 sung by the choir page 733

2 Corinthians 5:20b-6:10

* Gospel Hymn: 152 "Kind maker of the world"

THE HOLY GOSPEL: Matthew 6:1-6, 16-21 p. 2 of this bulletin

Homily

* Invitation to the Observance of a Holy Lent page 264

IMPOSITION OF ASHES All are invited to the front to receive the imposition of ashes.

PSALM 51 All kneel, as able. Read responsively, by the half verse. page 266

LITANY OF PENITENCE page 267

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

The Holy Communion

* Offertory Anthem: "Lay up for yourselves"

Ned Rorem (1923-2022)

Lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt,
and where thieves do not break through and steal. For where your treasure is, there will your heart be also.

* Presentation Hymn: 475 "God himself is with us"

* The Great Thanksgiving, Eucharistic Prayer A

page 361

Presider The Lord be with you.

People And also with you.

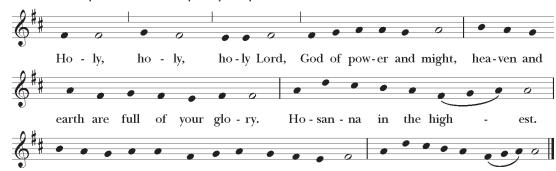
Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

All S124: The Holy Eucharist II, Holy, holy, holy Lord: Sanctus



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

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Presider Therefore we proclaim the mystery of faith:

All Christ has died.

Christ is risen.

Christ will come again.

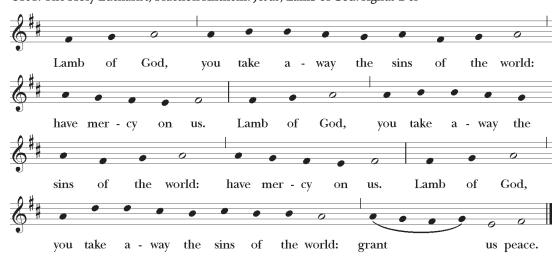
The Lord's Prayer

page 364

Breaking of the Bread

Presider Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

All S161: The Holy Eucharist, Fraction Anthem: Jesus, Lamb of God: Agnus Dei



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Communion

All are welcome to receive communion or a blessing. For gluten-free bread, cross your hands palms down. For a blessing, cross your hands over your chest.

Prayer for Spiritual Communion

In union, O Lord, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. Since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

COMMUNION HYMN: 701 "Jesus, all my gladness"

* Postcommunion Prayer page 365

PRAYER OVER THE PEOPLE

Presider Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from

all their sins, and serve you with a quiet mind; through Christ our Lord. Amen.

DISMISSAL page 366

* Closing Hymn: 149 "Eternal Lord of love, behold your church"

Voluntary: Erhalt uns, Herr, bei deinem Wort ("Keep us, Lord, in your word")

J.G. Walther (1684-1748)

Serving Today

7 a.m.

Presider & Preacher The Very Rev. Dr. Andrew C. Keyse

12:05 p.m.

Presider The Very Rev. Dr. Andrew C. Keyse

Preacher The Rev. W. James Yazell
Deacon The Rev. Barbara Wegener

Organist Dr. Lucas Fletcher Lector Jonathan Sternberg

Altar Guild Peg Brown

Ushers Denny Brisley, Jim Crum

7 p.m.

Presider The Rev. W. James Yazell

Preacher The Very Rev. Dr. Andrew C. Keyse

Deacon of the Word The Rev. CJ Duffie
Deacon of the Table The Rev. Barbara Wegener

Musicians The Trinity Choir, Dr. Lucas Fletcher

Lector Ken Stewart

Eucharistic Minister Charles Shipley, Bob Johnson

Acolyte Curtis Hamilton

Altar Guild Leticia Porter, Kristy Moore, Sharon Cheers

Usher Beth Keyse, Nigel Jones Sound/Livestreaming Leticia Porter, Chris Morrison

Lenten Worship

Holy Eucharist

Sundays at 8 a.m., 10:30 a.m., 5 p.m. Wednesdays at 12:05 p.m.

The Daily Office

Noonday Prayer: Wednesdays at 12 p.m. online Morning Prayer: Mondays-Thursdays at 9 a.m. in person & on Facebook

Formation

Praying the Lenten Gospels: Embodying ourselves in the Wilderness

Wednesdays, March 12, 19, 26, April 2, 9 • 6:30-7:45 p.m. • Common Room

Dean Keyse will lead five Lenten mediations in which participants will listen to the corresponding Gospel for the upcoming Sunday, Year C, and begin to picture themselves within the story. Each meditation will utilize images and music associated with that particular Gospel. With the image before us, we will hear the reading and immerse ourselves within the wilderness of Lent. Time for reflection and discussion will follow. Registration is required (kccathedral.org/upcoming-events). Use the coupon code GRACE to register for free.

Confirmation Class

Sundays through April 6 • 9:15 a.m. • Multipurpose Room

Youth meet in the Haden Hall Youth Room and adults preparing for Confirmation at the Easter Vigil meet in the Founders' Hall Multipurpose Room. Please pray for those who are enriching their faith and starting their journey as a confirmand in the Episcopal Church.

Adult Formation: The Path

Sundays • 9:15 a.m. • Common Room

We are taking a journey using Forward Movement's *The Path*, an excerpted version of the Bible that covers most of the major stories chronologically. Through *The Path*, we will become familiar with the grand overarching narrative of the entire Bible. We will learn the story of God's extraordinary and unrelenting love for us in its many dimensions.

Women's Bible Study

Tuesdays, March 4-April 15 - Zoom

During Lent, WBS will be using *Give up Something Bad for Lent* by James Moore. The forty days of Lent are ideal to use this study and prepare to give up something bad while preparing to fully embrace the "Good News" of Easter. Books and e-books are available at Amazon, Cokesbury and other book sellers.

Lectionary Bible Study

Tuesdays, 6:45 p.m. - Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Outreach

This Lent, "let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching." (Hebrews 10:24-25)

Volunteer Opportunities

Easter Basket Packing

Palm Sunday, April 13 • 9 a.m.

Come help us pack Easter baskets for the kids at Crittenton, Sheffield Place and Kaw Valley!

The Emergency Food Assistance Program

March 15, April 19 • 9:30 a.m.-noon

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families. Sign up at petesgarden.org/volunteer.

Nourish KC

By volunteering with us, you become part of a compassionate movement that transforms lives—one meal at a time. Lend a hand in our Community Kitchen, assist with pantry distribution, or help with events: sign up for a shift at **theprospectkc.org/nourish-kc**.

March: Food Drive for JFSKC Pantry in Brookside

We are collecting food for Jewish Family Services Pantry in Brookside.

Suggested items to bring: Canned Meat, Canned Fruit or Vegetables, Macaroni & Cheese and Packaged Mashed Potatoes, Packaged Dessert Mixes.

The JFS Food Pantries in Kansas and Missouri distributes over 29,000 pounds of food to over 400 families each month. Your donation goes directly to the shelves in the pantry, helping people right in our community. You may leave items in the box in the Tower.

April: Toiletries Drive for JFSKC

We are collecting toiletries for the Jewish Family Services pantry in Brookside. Bring your donations of REGULAR size body wash, hand/body lotion, shampoo, conditioner or deodorant to the basket in the Tower during the month of April.

Lent Resources

Lent resources for adults and children are available in the Tower entry to assist you with your observance of a holy Lent. Additional resources are available for purchase in the Bookstore.

Lent Madness

In a takeoff of basketball's March Madness, Lent Madness is a fun, engaging way for people to learn about the Church's Calendar of Saints. Visit lentmadness.org to fill out your bracket for a chance to win the "Golden Halo!" You can also check out this fan site at playlentmadness.com.

Stations of the Cross

During Lent you may walk the Stations of the Cross on your own with the Stations of the Cross booklet, found in the Welcome Center in the Tower, or you may follow along with our parishioner-led Stations of the Cross video, available on our YouTube channel, youtube.com/kccathedral.