

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



The Last Sunday after the Epiphany

March 2, 2025 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: "Preludio sine nomine"

Herbert Howells (1892-1983)

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

page 355

- Presider Blessed be God: Father, Son, and Holy Spirit.
- People **And blessed be God's kingdom, now and for ever. Amen.**
- Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* GLORIA

page 356

- All **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 34:29-35

Lector Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

The Word of the Lord.

People **Thanks be to God.**

Psalm 99 *read by alternating half verse*

page 728

The Lord is King; let the people tremble; *

he is enthroned upon the cherubim; let the earth shake.

The Lord is great in Zion; *

he is high above all peoples.

Let them confess his Name, which is great and awesome; *

he is the Holy One.

“O mighty King, lover of justice, you have established equity; *

you have executed justice and righteousness in Jacob.”

Proclaim the greatness of the Lord our God and fall down before his footstool; *

he is the Holy One.

Moses and Aaron among his priests, and Samuel among those who call upon his Name, *

they called upon the Lord, and he answered them.

He spoke to them out of the pillar of cloud; *

they kept his testimonies and the decree that he gave them.

O Lord our God, you answered them indeed; *

you were a God who forgave them, yet punished them for their evil deeds.

Proclaim the greatness of the Lord our God and worship him upon his holy hill; *

for the Lord our God is the Holy One.

Second Lesson: 2 Corinthians 3:12-4:2

Lector Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practice cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

The Word of the Lord

People **Thanks be to God.**

* THE HOLY GOSPEL: Luke 9:28-43a

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Gospeller Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah" --not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

On the next day, when they had come down from the mountain, a great crowd met him. Just then a man from the crowd shouted, "Teacher, I beg you to look at my son; he is my only child. Suddenly a spirit seizes him, and all at once he shrieks. It convulses him until he foams at the mouth; it mauls him and will scarcely leave him. I begged your disciples to cast it out, but they could not." Jesus answered, "You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here." While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the boy, and gave him back to his father. And all were astounded at the greatness of God.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor Led by the Holy Spirit we pray for the church and the world, saying, Lord in your mercy, hear our prayer.

For the church in all its forms, in every land and in every language, may your Word be known.

Lord in your mercy,

People Hear our prayer.

Intercessor For our next bishop, Amy, watch over and her family as they prepare to join us in our life and ministry.

Lord in your mercy,

People Hear our prayer.

Intercessor For all who seek to follow Christ Jesus, that they may be steadfast in their love and faith and that they may work together for greater unity as Christ's body.

Lord in your mercy,

People Hear our prayer.

Intercessor For peace in all places and in the hearts of all people throughout the earth.

Lord in your mercy,

People Hear our prayer.

Intercessor For our community, especially for those struggling in economic transitions, that we might find strength and hope together.

Lord in your mercy,

People Hear our prayer.

Intercessor For the natural world and its abundance, that we might use that abundance wisely and sustainably.

Lord in your mercy,

People Hear our prayer.

Intercessor For all who are suffering, that they might find solace in your presence and wholeness in your love. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.

Lord in your mercy,

People Hear our prayer.

Intercessor For the saints in every generation, that their lives might inspire ours and that we might be faithful stewards of their legacy. We pray especially for those we now name, either silently or aloud.

Lord in your mercy,

People Hear our prayer.

Presider God of wisdom and love, hear the prayers of your beloved children in this community of faith. Bring your help to all in need, granting our prayer through Christ our Lord. Amen.

CONFESSIO AND ABSOLUTION

page 360

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* THE PEACE

page 360

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 129 "Christ upon the mountain peak"

1 Christ up - on the moun - tain peak stands a - lone in
 2 Trem - bling at his feet we saw Mo - ses and E -
 3 Swift the cloud of glo - ry came. God pro - claim - ing
 4 This is God's be - lov - ed Son! Law and pro - phets

glo - ry blaz - ing; let us, if we dare to speak,
 li - jah speak - ing. All the pro - phets and the Law
 in its thun - der Je - sus as his Son by name!
 fade be - fore him; first and last and on - ly One,

with the saints and an - gels praise him. Al - le - lu - ia!
 shout through them their joy - ful greet - ing. Al - le - lu - ia!
 Na - tions cry a - loud in won - der! Al - le - lu - ia!
 let cre - a - tion now a - dore him! Al - le - lu - ia!

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* THE GREAT THANKSGIVING, Eucharistic Prayer B

page 367

Presider The Lord be with you.

People And also with you.

Presider Lift up your hearts.

People We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,

All Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

page 364

Presider Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.

For gluten-free bread, cross your hands palms down.

For a blessing, cross your hands over your chest.

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

page 366

Presider Let us pray.

All **Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

* THE BLESSING

* DISMISSAL

Following the dismissal,

People **Thanks be to God.**

* CLOSING HYMN: 137 "O wondrous type! O vision fair"

1 O won - drous type! O vi - sion fair of glo - ry
 2 With Mo - ses and E - li - jah nigh the in - car - nate
 3 With shin - ing face and bright ar - ray, Christ deigns to
 4 And faith - ful hearts are raised on high by this great
 5 O Fa - ther, with the e - ter - nal Son, and Ho - ly

1 that the Church may share, which Christ up - on the
 2 Lord holds con - verse high; and from the cloud, the
 3 man - i - fest to - day what glo - ry shall be
 4 vi - sion's mys - ter - y; for which in joy - ful
 5 Spi - rit, ev - er One, vouch - safe to bring us

1 moun - tain shows, where bright - er than the sun he glows!
 2 Ho - ly One bears re - cord to the on - ly Son.
 3 theirs a - bove who joy in God with per - fect love.
 4 strains we raise the voice of prayer, the hymn of praise.
 5 by thy grace to see thy glo - ry face to face.

Words: Latin, 15th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1848-1866); alt. Music: *Wareham*, melody William Knapp (1698-1768); alt.; harm. *Hymns Ancient and Modern*, 1875, after James Turl (1802-1882); desc. Sydney Hugo Nicholson (1875-1947). Copyright: Music: Descant by permission of Royal School of Church Music. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Postlude on *Michael*

Arthur Wills (1926-2020)

Serving Today

Presider	The Very Rev. Dr. Andrew C. Keyse
Preacher	The Rev. W. James Yazell
Deacon of the Word	The Rev. Barbara Wegener
Deacon of the Table	The Rev. CJ Duffie
Organist	Dr. Lucas Fletcher
Lector	Lenette Johnson
Eucharistic Minister	Jennifer Mason
Ushers	Deborah Carr, Greg Coffey
Altar Guild	Vangie Rich, Jennifer Mason
Healing Minister	Joan Bergstrom

Cathedral Prayer List

Pray for: Phineas Gitta; Sally Livengood; Sheri Packett; Meribeth Risebig; Rebecca Rezaei; Luke “Skippy” Harbur; Penny Sullivan; Ellen Goheen; Bob Sherwood; Rev. Miranda Cully; Those impacted by the apartment fire in Independence; Those injured in the school shooting in Nashville; David Barker; Ann Ryder; Juliana Johnson; Eric Anderson; Sandra Fuhrman; Glen and Terri Wesner; Those impacted by fire in California; Those injured by gun violence in Queens, NY; Those injured in New Orleans; Diego Garcia; Gail; Leesa Fanning; Lisa Helgenkamp; Isaiah Russell III; All families affected by gun violence; Charlotte Colburn; Joyce Morrow; All those fighting cancer; Mike Barzee & Family; Larry McMullen; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; First Responders

Comfort and Peace: the family and friends of Doyle White; all families affected by gun violence; the family and friends of Ann Spicer; the family and friends of Katherine Reynolds Stamps; the family and friends of Martha Taylor Johnson; the family and friends of the McShann family; the family and friends of those lost and injured in the school shooting in Nashville; the family and friends of Roger Kirby; the family and friends of all those lost in the California fires; the family and friends of Dennis Sharkey; the family and friends of Charlotte, Jeffrey and Zachary Hatcher; the family and friends of Randy Mueller; the family and friends of those lost and injured in the Wisconsin school shooting; the family and friends of Sandra Hornbeck; the family and friends of Barbara O’Hearne; the family and friends of Lynn Schneider; the family and friends of James Shaffer; the family and friends of Bonita White; the family and friends of Donald Bradley

Pray for the Departed: Doyle White; Ann Spicer; those lost in the plane crash in Philadelphia; those lost in the crash in Washington DC; Katherine Reynolds Stamps; Martha Taylor Johnson; Dennis Sharkey; Roger Kirby; those lost in the California fires; Charlotte, Jeffrey and Zachary Hatcher; Randy Mueller; those lost in the school shooting in Wisconsin; Sandra Hornbeck; Barbara O’Hearne; Lynn Schneider; Bonita White; James Shaffer; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: The Moravian Church Center, Bethlehem, PA — The Rev. Dr. Elizabeth D. Miller, PEC President, Northern

Priests of the Diocese of West Missouri

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

View the prayer list anytime: kccathedral.org/prayers

Birthdays & Anniversaries

March 2

Chris Morgan
Zoë Jones
Hayden McNeil

March 3

Phyllis Biddle
James Norris

March 4

Mia McKeown
Bob Richmond

March 5

Mathias Nichols

March 6

Jim Clark
Cliff Dubroc

March 7

Byron McNeil
Emily Featherston

March 6

Paul Morel

Please contact the Cathedral office if we have omitted your birthday or anniversary: jtoma@kccathedral.org or 816.474.8260.

Today’s flowers are dedicated to the glory of God.

Sponsor the Altar Flowers

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site.



For more information: kccathedral.org/flowers or contact Julie Toma, jtoma@kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; The Rev. CJ Duffie, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Clare Stern-Burbano, *College, Youth & Children’s Minister*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Paget Higgins; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

Formation for All Ages

Children: Sundays

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. Upcoming Family Worship Sundays: February 23, March 23, April 27, May 11.

Youth: Sundays

Youth Confirmation • 9:15 a.m.

Youth meet in the Haden Hall Youth Room for confirmation preparation with a light breakfast.

10:30 a.m. • Worship

6 p.m. • Youth Group

Join us for dinner and fellowship in the Youth Room.

Prayers for GHTC Youth

Eight youth are preparing for confirmation at the Easter Vigil. Please pray for those who are enriching their faith and starting their journey as a confirmand in the Episcopal Church.

Adults: Sundays

The Path • 9:15 a.m. • Common Room

In our Adult Formation this year we will take a journey using Forward Movement's *The Path*, an excerpted version of the Bible that covers most of the major stories chronologically. Through *The Path*, we will become familiar with the grand overarching narrative of the entire Bible. We will learn the story of God's extraordinary and unrelenting love for us in its many dimensions. Copies of *The Path* are available in the Cathedral Bookstore if you would like to own a personal copy. Each chapter will be printed out weekly and made available so that everyone can follow along.

New attendees welcome at any time!

Adult Confirmation/Inquirers Class Sundays, February 9-April 6 • 9:15 a.m. Multipurpose Room

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please prayerfully consider joining us for our Adult Confirmation/Inquirers class. Contact Dean Andy (akeyse@kccathedral.org) if you have questions.

Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

News & Events from the Diocese

For RSVP/registration & more info: diowestmo.org/events

Bishop's Farewell Eucharist & Party Friday, March 14 • 6-9 p.m.

The Metro-Northwest Deanery of The Diocese of West Missouri is inviting you to the Bishop's Farewell Party to commemorate Bishop Diane's service and ministry to our diocese.

The evening begins at 6 p.m. in the Nave for Eucharist then a potluck-style dinner in Founders' Hall! The Diocese of West Missouri will provide the main dish, vegetable trays, and mac and cheese, and we are all invited and encouraged to bring a side dish and/or dessert to share.

If you need ideas on what to bring, here is a list made with different dish ideas you can bring based on your last name. Keep in mind this is not a requirement, but a suggestion.

A-G: Salads (Potato, green, pasta, cole slaw, deviled eggs, etc.)

H-L: Fruit (Salad, tray, jello, etc.)

M-P: Baked Beans or Potato Casserole

Q-R: Rolls and Butter

S-W: Desserts

X-Z: Chips and Dip

Be sure to RSVP. We look forward to celebrating this meaningful occasion with all of you as we bid farewell to Bishop Diane.

Donate to the IX Bishop Gifts Fund

The Diocese of West Missouri is now accepting donations to the IX Bishop Gifts Funds. These funds will be used to procure the gifts for our Bishop-elect Amy Dafler Meaux, which will be presented at her ordination as the Ninth Bishop of West Missouri on May 3, 2025. These gifts will include a stole, pectoral cross, ring, cope, mitre, and crozier. Individuals or groups wishing to inquire about covering the cost of a particular item should contact the diocesan office at info@diowestmo.org for further details. Donate online at diowestmo.org or send a check made payable to The Diocese of West Missouri to 420 West 14th Street, Kansas City, MO 64105. Please include "IX Bishop Gifts" in the memo line.

Prayer for the Transition of Our Next Bishop

Gracious and Loving God, we give thanks for the election of our next Bishop, Amy. Watch over Amy, her husband Jared, and their children Elise, Jacob, and Woodrow as they prepare to leave friends, colleagues, and neighbors to join us here in the Diocese of West Missouri. Open our hearts to receive your inspiration and wisdom so that we may joyfully welcome them into our life and ministry in You. This we ask in grateful thanksgiving. AMEN.

Outreach Volunteer Opportunities

The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon. Friendly volunteers are needed to break down pallets of shelf-stable and frozen food and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

Upcoming TEFAP dates:

March 15, April 19

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.

Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day. Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Sign up for a shift at petesgarden.org/volunteer.

Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. By volunteering with us, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Sign up for a shift at theprospectkc.org/nourish-kc.

Announcements & Upcoming Events

March: Food Drive for JFSKC Pantry in Brookside

We are collecting food for Jewish Family Services Pantry in Brookside. *Suggested items to bring:* Canned Meat, Canned Fruit or Vegetables, Macaroni & Cheese and Packaged Mashed Potatoes, Packaged Dessert Mixes.

The JFS Food Pantries in Kansas and Missouri distributes over 29,000 pounds of food to over 400 families each month. Your donation goes directly to the shelves in the pantry, helping people right in our community. You may leave items in the box in the Tower.

Lenten Preparation: Making a Spiritual Assessment & Developing a Rule of Life

Ash Wednesday, March 5 • 5:30-6:45 p.m.

Common Room

“All of Lent is moving towards the passion and resurrection of Jesus, culminating at Easter with baptisms or the renewal of baptism. Lent prepares us for this grace by taking us into the mystery of the cross, our bridge from death to life. It is the season to probe sources of bondage and diminishment: What feels like death just now? What is holding us back from fullness of life in Christ? Our renewing of baptism entails searching self-examination and repentance. We must undergo a death to sin and all forms of resistance to God.” -Julia Gatta

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life. This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.

New Women’s Ministry at the Cathedral: The Order of the Daughters of the King

Today, during the 10:30 a.m. service, we celebrate the official establishment of a new women’s ministry at Grace and Holy Trinity Cathedral—the *Crowned with Grace Chapter* of the Order of the Daughters of the King®. During this special service, new members will be admitted into the Order, committing to a lifelong dedication of prayer, service, and sharing the love of Christ.

The Order of the Daughters of the King® is a community of women who desire a deeper relationship with God and seek to support one another through prayer and service. This Order is open to all women who feel called to strengthen their faith and grow in discipleship.

If you are interested in learning more, we invite you to reach out to chapter president Kelsey Leftwich-Yazell.

Lenten Study: Women’s Bible Study Starts March 4

The Women’s Bible Study group (WBS) meets on Zoom Tuesdays at 12:30 p.m. for an hour or so. We use various study series that lead us into discussion which are lively, thought-provoking and often irreverent. We’d love to have you join us whether or not you have the book. WBS will be starting a Lenten study based on the book *Give Up Something Bad For Lent* by James Moore. This study focuses on giving up something that is destructive in our spiritual lives. For more information contact Lissa Hoeplich (lhoeplich@gmail.com).

Zoom Meeting ID: 810 8837 7522

Passcode: 746100

The Daily Office: Morning Prayer Starts this Thursday, March 6

Grace and Holy Trinity Cathedral will begin to offer Morning Prayer at 9 a.m. Monday through Thursday in-person and livestreamed.

If you would like more information about our Morning Prayer service or guidance on how to say the Office yourself, please speak with Fr. James.

Evensong: Sunday, March 16 • 5 p.m.

Choral Evensong is a service offered by members of the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer’s Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Announcements & Upcoming Events

The Last Hurrah before Lent: Pancakes & Jambalaya

Signups at kccathedral.org/upcoming-events

Shrove Sunday Pancake Breakfast TODAY • after both morning services Founders' Hall

What is Shrove Sunday? Well, it involves pancakes, laughter, and fellowship! Shrove Tuesday is the day before Lent. Lent is a season of simple living, and historically people did not eat rich foods, like milk, butter, or eggs during Lent. The day before Lent, people would clean out their kitchens by indulging in these rich foods. They would make pancakes, which use all of these ingredients plus flour. We celebrate Shrove Tuesday on Sunday at the Cathedral so we can all be together for the pancake feast. Join us for delicious breakfast plus fun events.


Mardi Gras Dinner

Tuesday, March 4 • 6 p.m. • Haden Hall

Join us for a festive Mardi Gras dinner featuring jambalaya, good company, lively music, and the joyous spirit of Fat Tuesday as we prepare for Lent. We look forward to celebrating with you! Jambalaya will be provided. Please bring cornbread/bread, a salad or a dessert.

Invite friends or neighbors!

Grab invite cards at the back of the Nave or find shareable graphics at kccathedral.org/upcoming-events.



ASH WEDNESDAY

MARCH 5

7 A.M. + 12:05 P.M. + 7 P.M.

Ash Wednesday is a solemn day in the Episcopal Church. We gather to reflect on our mortal nature, confess our sins, and receive God's grace. This day also marks the beginning of Lent, a time of preparation for the great festival of Easter.

The 7 a.m. service is spoken.

The 12:05 service will include hymns and organ music.

The 7 p.m. service will include the Trinity Choir.

Noonday Prayer will be broadcast at noon and the 7 p.m. service will be livestreamed.

Praying the Lenten Gospels: Embodying Ourselves in the Wilderness

Wednesdays, March 12, 19, 26, April 2 • 6:30-7:45 p.m.

Dean Keyse will lead four Lenten meditations in which participants will listen to the corresponding Gospel for the upcoming Sunday, Year C, and begin to picture themselves within the story. Each meditation will utilize images and music associated with that particular Gospel. With the image before us, we will hear the reading and immerse ourselves within the wilderness of Lent. Time for reflection and discussion will follow. The Gospels we will use are Luke 13:31-35; Luke 13:1-9; Luke 15:1-3, 11b-32; and John 12:1-8.

Registration is required. [Link at kccathedral.org/upcoming-events](http://kccathedral.org/upcoming-events)
Use the coupon code **GRACE** to register for free.

