

GRACE AND HOLY TRINITY
EPISCOPAL CATHEDRAL



The Seventh Sunday after the Epiphany

February 23, 2025 • 5 p.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST



VOLUNTARY: "Communion," Op. 58

Louis Vierne (1870-1937)

The Order for Evening

* OPENING ACCLAMATION AND PRAYER FOR LIGHT


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Cantor  *People* 


Light and peace, in Je - sus Christ our Lord. Thanks be to God.

The presider adds a prayer for light.

* O GRACIOUS LIGHT *Phos hilaron*: 25


1 O gra - cious Light, Lord Je - sus Christ, in
2 Now sun - set comes, but light shines forth, the
3 Wor - thy are you of end - less praise, O


you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
lamps are lit to pierce the night. Praise Fa - ther, Son, and
Son of God, Life - giv - ing Lord; where - fore you are through


blest is he, and blest are you, his ho - ly Son.
Spi - rit: God who dwells in the e - ter - nal light.
all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

First Lesson: Genesis 45:3-11, 15

Lector Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.'"

And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

People **Thanks be to God.**



Cantor Do not fret yourself because of | evildoers; *
do not be jealous of | those who do wrong.

All For they shall soon wither like | the grass, *
and like the | green grass fade away.

Put your trust in the Lord and | do good; *
dwell in the land and | feed on its riches.

Take delight in | the Lord, *
and he shall give you | your heart's desire.

Commit your way to the Lord and put your trust | in him, *
and he will | bring it to pass.

He will make your righteousness as clear as | the light *
and your just dealing | as the noonday.

Be still before | the Lord *
and wait | patiently for him.

Do not fret yourself over the one who | prospers, *
the one who succeeds | in evil schemes.

Refrain from anger, leave rage | alone; *
do not fret yourself; it leads | only to evil.

For evildoers shall be | cut off, *
but those who wait upon the Lord shall | possess the land.

In a little while the wicked shall be | no more; *
you shall search out their place, but they | will not be there.

But the lowly shall possess | the land; *
they will delight in | abundance of peace.

But the deliverance of the righteous comes from | the Lord; *
he is their stronghold | in time of trouble.

The Lord will help them and | rescue them; *
he will rescue them from the wicked and deliver them, because they seek | refuge in him.

Second Lesson: 1 Corinthians 15:35-38,42-50

Lector Someone will ask, "How are the dead raised? With what kind of body do they come?" Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body.

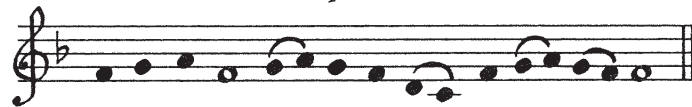
So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, "The first man, Adam, became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

The Word of the Lord.

People Thanks be to God.

* ALLELUIA VERSE *Cantor; then People*



Al-le-lu-ia, al - le-lu-ia, al-le - lu - ia.

Cantor



Your love, O Lord, for ever will I sing; * from age to age my mouth will proclaim / your faithfulness.

All repeat the three alleluias.

* THE HOLY GOSPEL: Luke 6:27-38

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Gospeller Jesus said, "I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

"Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor Sustaining God, you have promised to turn our hearts from stone to flesh; to give us life through the power of your love and to hear our hopes and needs. Answer these prayers lifted to you as we say, Lord in your mercy, hear our prayer.

For the people of God everywhere, that they may be beacons of hope whose light shines forth to dispel fear and hate.

Lord in your mercy,

People Hear our prayer.

Intercessor For our next bishop, Amy, watch over her and her family as they prepare to join us in our life and ministry.

Lord in your mercy,

People Hear our prayer.

Intercessor For those with authority over our lives, that they might wield their power for the common good and with respect for the dignity of all people.

Lord in your mercy,

People Hear our prayer.

Intercessor For those in our lives who have caused us pain and hurt, lead them to an awareness of their impact and lead us to the path of forgiveness where those hurts have no hold on us.
Lord in your mercy,

People Hear our prayer.

Intercessor For our beleaguered earth, the garden where you have placed us; grant us wisdom as we discern how to be worthy stewards of this gift and give us strength and courage to work towards its preservation.
Lord in your mercy,

People Hear our prayer.

Intercessor For all who live in pain, in sickness, in fear or dread; sustain them with your grace that they might bear their suffering and grant us an awareness and a willingness to be their companions and caregivers. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.
Lord in your mercy,

People Hear our prayer.

Intercessor Hold in your care those who have died and welcome us into your eternal arms when our time comes, and let us all rise together in your new age. We pray especially for those we now name, either silently or aloud.
Lord in your mercy,

People Hear our prayer.

Presider Almighty God who is the Sower of love, mercy, and hope; let us be the seeds of your salvation; growing in love ourselves that through us your hopeful mercy might be known and established everywhere, and hear our prayers, those spoken and those held quietly in our hearts that we might know grace and live into the people we were created to be. All this we ask through Christ, our Lord. **Amen.**

CONFESSON AND ABSOLUTION

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Deacon Let us confess our sins against God and our neighbor.

**All Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 379 "God is Love, let heaven adore him"

1 God is Love, let heaven a - dore him; God is Love, let
 2 God is Love; and Love en - folds us, all the world in
 3 God is Love; and though with blind - ness sin af - flicts all

earth re - joice; let cre - a - tion sing be - fore him
 one em - brace: with un - fail - ing grasp God holds us,
 hu - man life, God's e - ter - nal lov - ing - kind - ness

and ex - alt him with one voice. God who laid the earth's foun -
 ev - ery child of ev - ery race. And when hu - man hearts are
 guides us through our earth - ly strife. Sin and death and hell shall

da - tion, God who spread the heaven a - bove, God who breathes through
 break - ing un - der sor - row's i - ron rod, then we find that
 nev - er o'er us fi - nal tri - umph gain; God is Love, so

all cre - a - tion: God is Love, e - ter - nal Love.
 self - same ach - ing deep with - in the heart of God.
 Love for ev - er o'er the u - ni - verse must reign.

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* THE GREAT THANKSGIVING, Eucharistic Prayer B

Celebrant *People*
 The Lord be with you. And al - so with you.

Celebrant *People*
 Lift up your hearts. We lift them to the Lord.

Celebrant
 Let us give thanks to the Lord our God.

People
 It is right to give our thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All

S125: The Holy Eucharist II, Holy, holy, holy Lord: *Sanctus*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

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Presider

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All

AMEN.

Presider

And now, as our Savior Christ has taught us, we are bold to sing,

S119: The Lord's Prayer

All

Our Fa - ther, who art in hea - ven, hal - low - ed
 be thy Name, thy king - dom come, thy will be done,
 on earth as it is in hea - ven. Give us this day our
 dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

Music: *Plainsong*; adapt. Charles Winfred Douglas (1867-1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Breaking of the Bread

S154: The Holy Eucharist, Fraction Anthem: Christ our Passover

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

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Presider

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

* POSTCOMMUNION PRAYER

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Presider Let us pray.

All **Almighty and everliving God,**
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,

People **Thanks be to God.**

* CLOSING HYMN: 347 "Go forth for God; go to the world in peace"



1 Go forth for God; go _____ to the world in peace;
 2 Go forth for God; go _____ to the world in love;
 3 Go forth for God; go _____ to the world in strength;
 4 Go forth for God; go _____ to the world in joy,



be of good cour - age, armed with heaven - ly grace,
 strength - en the faint, give cour - age to the weak;
 hold fast the good, be ur - gent for the right;
 to serve God's peo - ple ev - ery day and hour,



in God's good Spi - rit dai - ly to in - crease,
 help the af - flict - ed; rich - ly from a - bove
 ren - der to no one e - vil; Christ at length
 and ser - ving Christ, our ev - ery gift em - ploy,



till in his king - dom we _____ be - hold his face.
 his love sup - plies the grace _____ and power we seek.
 shall o - ver - come all dark - ness with his light.
 re - joic - ing in the Ho - ly Spi - rit's power.

Words: John Raphael Peacey (1896-1971) and *English Praise*, 1975, alt. Music: *Litton*, Erik Routley (1917-1982). Copyright: Words: By permission of Mildred E. Peacey. Music: Copyright © 1985 by Hope Publishing Company, Carol Stream, IL 60188. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Fanfare

William Mathias (1934-1992)

Serving Today

Presider & Preacher	The Very Rev. Dr. Andrew C. Keyse
Lector & Eucharistic Minister	Patti Ryder
Cantor	Katie Crawford
Organist	Dr. Lucas Fletcher

Cathedral Prayer List

Pray for: Rebecca Rezaei; Luke “Skippy” Harbur; Penny Sullivan; Ellen Goheen; Bob Sherwood; Rev. Miranda Cully; Those impacted by the apartment fire in Independence; Those injured in the school shooting in Nashville; David Barker; Ann Ryder; Juliana Johnson; Sally Livengood; Phineas Gitta; Eric Anderson; Sandra Fuhrman; Glen and Terri Wesner; Those impacted by fire in California; Those injured by gun violence in Queens, NY; Those injured in New Orleans; Diego Garcia; Gail; Leesa Fanning; Lisa Helgenkamp; Isaiah Russell III; All families affected by gun violence; Charlotte Colburn; Joyce Morrow; All those fighting cancer; Doyle White; Mike Barzee & Family; Larry McMullen; Gloria Stocks; Jim Royer; Thaddeus Samuel Withers; Yvonne Kehoe Meier; First Responders

Comfort and Peace: the family and friends of Ann Spicer; the family and friends of Katherine Reynolds Stamps; the family and friends of Martha Taylor Johnson; the family and friends of the McShann family; the family and friends of those lost and injured in the school shooting in Nashville; the family and friends of Roger Kirby; the family and friends of all those lost in the California fires; the family and friends of Dennis Sharkey; the family and friends of Charlotte, Jeffrey and Zachary Hatcher; the family and friends of those lost and injured in the Wisconsin school shooting; the family and friends of Randy Mueller; the family and friends of Sandra Hornbeck; the family and friends of Barbara O’Hearne; the family and friends of Lynn Schneider; the family and friends of James Shaffer; the family and friends of Bonita White; the family and friends of Donald Bradley; all families affected by gun violence

Pray for the Departed: the family and friends of Ann Spicer; those lost in the plane crash in Philadelphia; those lost in the crash in Washington DC; Katherine Reynolds Stamps; Martha Taylor Johnson; Dennis Sharkey; Roger Kirby; those lost in the California fires; Charlotte, Jeffrey and Zachary Hatcher; Randy Mueller; those lost in the school shooting in Wisconsin; Sandra Hornbeck; Barbara O’Hearne; Lynn Schneider; Bonita White; James Shaffer; Donald Bradley; Gabriel Kney; Robert Boehm; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: All Saints’ Episcopal Church, West Plains — *The Rev. Dr. James W. Harris, Jr., Priest in Charge*
The Order of Naucratus

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

View the prayer list anytime: kccathedral.org/prayers

Birthdays & Anniversaries

February 23
Maryvec Hemingway
Larry & Pat Martin

February 24
Chuck Gordon

February 27
LaGreta Gitta
Mark Jeske

February 28
Jeffrey Bennett

March 1
Sophia Marrs
Augusta Wilbon
Robert Herschede

Please contact the Cathedral office if we have omitted your birthday or anniversary: jtoma@kccathedral.org or 816.474.8260.

Today’s flowers are dedicated to the glory of God.

Sponsor the Altar Flowers

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site.



For more information: kccathedral.org/flowers or contact Julie Toma, jtoma@kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; The Rev. CJ Duffie, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Clare Stern-Burbano, *College, Youth & Children’s Minister*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

Today's Focal St. John's Bible Illumination

God's Power to Transform

"At the Last Trumpet" Illumination 1 Corinthians 15:50-58

Appropriately applied, the visio divina can be practiced in ways that offer added insight into multiple biblical texts. The Revised Common Lectionary is especially helpful for this exercise since the chosen texts provide varying perspectives and historical contexts addressing a selected theological theme. Today's liturgical texts offer an excellent opportunity to demonstrate this.

Only one of today's lectionary texts includes an associated illumination – 1 Corinthians 15. It highlights God's promise of transformation, a reality either demonstrated or encouraged in the accompanying Old Testament, Psalm, and Gospel texts. But the illumination can be applied fruitfully to these other texts as well.

The "At the Last Trumpet" illumination symbolically portrays a gathering and transformation of the faithful who have died in Christ. Illuminator Hazel Dolby here employs a technique she had used earlier in the "Square before the Watergate" illumination in Nehemiah – the use of geometric patterning to suggest the action of uniting scattered persons and transforming them into a new community. Paul's words concerning the sting of death from the previous page are transposed into the illumination with the message "We will all be changed" superimposed over them. This expresses the believer's ultimate transformation from death into God's cohesive and united community which is held together by Christ's light (signified by the lines of gold scattered amid the soft patterning in the upper half of the panel).

The illumination's message of God's transforming work also is conveyed through the Joseph narrative in Genesis chapters 37

through 50. In this narrative, a family is torn apart by sibling rivalries ending in slavery, exile, guilt-laden consciences, and great suffering. Joseph, however, discovers a providential purpose in all of this that, gradually, transforms himself and later his entire family into a "people of God" who become agents of God's revelation to all humanity. Can you imagine how Dolby's illumination might be applied to this narrative? How does associating the 1 Corinthians 15 text with the Genesis 45 text via Dolby's illumination expand your insight into the Biblical message regarding transformation?

Jesus' admonitions in the Luke 6 text regarding forgiveness add another dimension to the message "we will be changed." He proclaims that radical forgiveness can heal complex,

painful, and egregious wrongs, thereby transforming the people and societies suffering under such malignancies. How might the geometric images in the illumination be applied to forgiven individuals, groups, occurrences, and contexts to produced transformed communities? What happens when you succeed in genuinely forgiving someone or some malady? In what ways might such forgiveness be transforming?

Finally, Psalm 37 offers an opportunity for the faithful to explore ways in which patience and trust in God can transform them into the individuals and communities God intends them to be while they continue to live in contexts characterized by maliciousness and other types of evil. What would be necessary to make transformation of this sort even possible?

You might find it helpful to spend time reflecting on ways Dolby's illumination inspires new spiritual insight for you when further applied to other biblical texts.



Formation for All Ages

Children: Sundays

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. Upcoming Family Worship Sundays: February 23, March 23, April 27, May 11.

Youth: Sundays

Youth Confirmation • 9:15 a.m.

Youth meet in the Haden Hall Youth Room for confirmation preparation with a light breakfast.

10:30 a.m. • Worship

6 p.m. • Youth Group

Join us for dinner and fellowship in the Youth Room.

Prayers for GHTC Youth

Eight youth are preparing for confirmation at the Easter Vigil. Please pray for those who are enriching their faith and starting their journey as a confirmand in the Episcopal Church.

Adults: Sundays

The Path • 9:15 a.m. • Common Room

In our Adult Formation this year we will take a journey using Forward Movement's *The Path*, an excerpted version of the Bible that covers most of the major stories chronologically. Through *The Path*, we will become familiar with the grand overarching narrative of the entire Bible. We will learn the story of God's extraordinary and unrelenting love for us in its many dimensions. Copies of *The Path* are available in the Cathedral Bookstore if you would like to own a personal copy. Each chapter will be printed out weekly and made available so that everyone can follow along.

New attendees welcome at any time!

Adult Confirmation/Inquirers Class Sundays, February 9-April 6 • 9:15 a.m. Multipurpose Room

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please prayerfully consider joining us for our Adult Confirmation/Inquirers class. Contact Dean Andy (akeyse@kccathedral.org) if you have questions.

Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Outreach Volunteer Opportunities

The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

Upcoming TEFAP dates:

February 15

March 15

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.



TEFAP
The Emergency Food Assistance Program

Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day.

Pete's Garden meals are distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at petesgarden.org/volunteer.



Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that we can continue providing nutritious meals, offering essential pantry staples, and building a hunger-free community.

By volunteering with us, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Together, we can achieve more. Join us today and help nourish Kansas City!

Sign up for a shift at theprospectkc.org/nourish-kc.



NOURISHKC

Weekly Calendar

Sunday

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour/Hospitality Time
- 9:15 a.m. Formation for Adults & Youth
- 10:30 a.m. Holy Eucharist*
- 10:30 a.m. Cathedral Kids
- 11:30 a.m. Coffee Hour/Hospitality Time
- 5 p.m. Order for Evening and Holy Eucharist
[Choral Evensong, 3rd Sundays]
- 6 p.m. Youth Group

*Streamed on YouTube @kccathedral
+On Zoom

Tuesday

- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 6:45 p.m. Lectionary Bible Study+

Wednesday

- 12:00 p.m. Noonday Prayer*
- 12:00 p.m. AA Meeting in Multipurpose Room
- 12:05 p.m. Holy Eucharist

Thursday

- 7 p.m. Rehearsal: Trinity Choir

Learn more about our weekly services and opportunities for study and fellowship: kccathedral.org

News & Events from the Diocese

For RSVP/registration & more info: diowestmo.org/events

Celebrate Bishop Diane's Ministry with a Motown Dance Party

March 1 • 6-9 p.m. • Founders' Hall

Everyone from across the diocese is invited to celebrate Bishop Diane's ministry with a Motown Dance Party! Join us for an evening of music, dancing, and fun! Be sure to RSVP. Refreshments and snacks will be provided.

Bishop's Farewell Eucharist & Party

Friday, March 14 • 6-9 p.m.

The Metro-Northwest Deanery of The Diocese of West Missouri is inviting you to the Bishop's Farewell Party to commemorate Bishop Diane's service and ministry to our diocese.

The evening begins at 6 p.m. in the Nave for Eucharist then a potluck-style dinner in Founders' Hall! The Diocese of West Missouri will provide the main dish, vegetable trays, and mac and cheese, and we are all invited and encouraged to bring a side dish and/or dessert to share.

If you need ideas on what to bring, here is a list made with different dish ideas you can bring based on your last name. Keep in mind this is not a requirement, but a suggestion.

A-G: Salads (Potato, green, pasta, cole slaw, deviled eggs, etc.)

H-L: Fruit (Salad, tray, jello, etc.)

M-P: Baked Beans or Potato Casserole

Q-R: Rolls and Butter

S-W: Desserts

X-Z: Chips and Dip

Be sure to RSVP. We look forward to celebrating this meaningful occasion with all of you as we bid farewell to Bishop Diane.

Prayer for the Transition of Our Next Bishop

Gracious and Loving God, we give thanks for the election of our next Bishop, Amy. Watch over Amy, her husband Jared, and their children Elise, Jacob, and Woodrow as they prepare to leave friends, colleagues, and neighbors to join us here in the Diocese of West Missouri. Open our hearts to receive your inspiration and wisdom so that we may joyfully welcome them into our life and ministry in You. This we ask in grateful thanksgiving. AMEN.



Donate to the IX Bishop Gifts Fund

The Diocese of West Missouri is now accepting donations to the IX Bishop Gifts Funds. These funds will be used to procure the gifts for our Bishop-elect Amy Daffer Meaux, which will be presented at her ordination as the Ninth Bishop of West Missouri on May 3, 2025. These gifts will include a stole, pectoral cross, ring, cope, mitre, and crozier. Individuals or groups wishing to inquire about covering the cost of a particular item should contact the diocesan office at info@diowestmo.org for further details. Donate online at diowestmo.org or send a check made payable to **The Diocese of West Missouri** to 420 West 14th Street, Kansas City, MO 64105. Please include "IX Bishop Gifts" in the memo line.

Announcements & Upcoming Events

Paper Drive for Sheffield Place

Bring donations of toilet paper, paper towels and tissues to the basket in the Tower during the month of February. Sheffield Place assists homeless women and children in making the difficult journey from homelessness to self-sufficiency.

The Daily Office: Morning Prayer

On Thursday, March 6, Grace and Holy Trinity Cathedral will begin to offer Morning Prayer at 9 a.m. Monday through Thursday in-person and livestreamed.

The value of the Office is its objectivity. It is a means by which we pray with the whole church, uniting our prayer with that of millions of other Christians living and dead. This is true whether one is alone or in a group, for the Office is essentially a corporate act. It is objective too in that it does not depend on our feelings, but gives our prayer life a regularity and a disciplined framework. – Kenneth Leech, True Prayer

If you would like more information about our Morning Prayer service or guidance on how to say the Office yourself, please speak with Fr. James.

Lenten Preparation: Making a Spiritual Assessment & Developing a Rule of Life

Ash Wednesday, March 5 • 5:30-6:45 p.m. • Common Room

“All of Lent is moving towards the passion and resurrection of Jesus, culminating at Easter with baptisms or the renewal of baptism. Lent prepares us for this grace by taking us into the mystery of the cross, our bridge from death to life. It is the season to probe sources of bondage and diminishment: What feels like death just now? What is holding us back from fullness of life in Christ? Our renewing of baptism entails searching self-examination and repentance. We must undergo a death to sin and all forms of resistance to God.” -Julia Gatta

Lent is a time to check in on our spiritual life, to renew our commitment to life in Christ, and to take on new practices to deepen that life. In this workshop, you will be guided through a self-assessment of your current spiritual life and explore the use of a systematic approach to the spiritual life known as a Rule of Life. This workshop is for anyone looking to develop a guide for their spiritual practice or to review and renew their current practice.

Lenten Study: Women’s Bible Study, starts March 4

The Women’s Bible Study group (WBS) meets on Zoom Tuesdays at 12:30 p.m. for an hour or so. We use various study series that lead us into discussion which are lively, thought-provoking and often irreverent. We’d love to have you join us whether or not you have the book. WBS will be starting a Lenten study based on the book *Give Up Something Bad For Lent* by James Moore. This study focuses on giving up something that is destructive in our spiritual lives. For more information contact Lissa Hoepriech (lhoepriech@gmail.com).

Zoom Meeting ID: 810 8837 7522

Passcode: 746100

Evensong: Sunday, March 16 • 5 p.m.

Choral Evensong is a service offered by members of the Trinity Choir. This contemplative service lasts about 45 minutes and includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. With its origins in Archbishop Thomas Cranmer’s Book of Common Prayer (1549), Evensong is one of the most uniquely Anglican liturgies and is sung in cathedrals and parishes throughout the world.

Announcements & Upcoming Events

The Last Hurrah before Lent: Pancakes & Jambalaya

Signups at kccathedral.org/upcoming-events

Shrove Sunday Pancake Breakfast Sunday, March 2 • after both morning services Founders' Hall

What is Shrove Sunday? Well, it involves pancakes, laughter, and fellowship! Shrove Tuesday is the day before Lent. Lent is a season of simple living, and historically people did not eat rich foods, like milk, butter, or eggs during Lent. The day before Lent, people would clean out their kitchens by indulging in these rich foods. They would make pancakes, which use all of these ingredients plus flour. We celebrate Shrove Tuesday on Sunday at the Cathedral so we can all be together for the pancake feast. Join us for delicious breakfast plus fun events.

Mardi Gras Dinner Tuesday, March 4 • 6 p.m. • Haden Hall

Join us for a festive Mardi Gras dinner featuring jambalaya, good company, lively music, and the joyous spirit of Fat Tuesday as we prepare for Lent. We look forward to celebrating with you! Jambalaya will be provided. Please bring cornbread/bread, a salad or a dessert.

Both of these events are perfect opportunities to invite friends or neighbors. Grab invite cards at the back of the Nave or find shareable graphics at kccathedral.org/upcoming-events.



ASH WEDNESDAY

MARCH 5

7 A.M. + 12:05 P.M. + 7 P.M.

Ash Wednesday is a solemn day in the Episcopal Church. We gather to reflect on our mortal nature, confess our sins, and receive God's grace.

This day also marks the beginning of Lent, a time of preparation for the great festival of Easter.

The 7 a.m. service is spoken.

The 12:05 service will include hymns and organ music.

The 7 p.m. service will include the Trinity Choir.

Noonday Prayer will be broadcast at noon and the 7 p.m. service will be livestreamed.

Praying the Lenten Gospels: Embodying Ourselves in the Wilderness

Wednesdays, March 12, 19, 26, April 2 • 6:30-7:45 p.m.

Dean Keyse will lead four Lenten meditations in which participants will listen to the corresponding Gospel for the upcoming Sunday, Year C, and begin to picture themselves within the story. Each meditation will utilize images and music associated with that particular Gospel. With the image before us, we will hear the reading and immerse ourselves within the wilderness of Lent. Time for reflection and discussion will follow. The Gospels we will use are Luke 13:31-35; Luke 13:1-9; Luke 15:1-3, 11b-32; and John 12:1-8.

Registration is required. [Link at kccathedral.org/upcoming-events](http://kccathedral.org/upcoming-events)
Use the coupon code **GRACE** to register for free.

