

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



photo by Chris Morrison

The Sixth Sunday after the Epiphany
February 16, 2025 • 8 a.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST

VOLUNTARY: *Wer nur den lieben Gott* ("If thou but trust in God to guide thee")

J.G. Walther (1684-1748)

The Word of God

* OPENING ACCLAMATION AND COLLECT FOR PURITY

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Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

* GLORIA

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All **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Jeremiah 17:5-10

Lector Thus says the Lord:

Cursed are those who trust in mere mortals
and make mere flesh their strength, whose hearts turn away from the Lord.
They shall be like a shrub in the desert,
and shall not see when relief comes.
They shall live in the parched places of the wilderness,
in an uninhabited salt land.
Blessed are those who trust in the Lord,
whose trust is the Lord.
They shall be like a tree planted by water,
sending out its roots by the stream.
It shall not fear when heat comes,
and its leaves shall stay green;
in the year of drought it is not anxious,
and it does not cease to bear fruit.
The heart is devious above all else;
it is perverse— who can understand it?
I the Lord test the mind
and search the heart,
to give to all according to their ways,
according to the fruit of their doings.

The Word of the Lord.

People **Thanks be to God.**

Psalm 1 *read by alternating whole verse*

Happy are they who have not walked in the counsel of the wicked, *
nor lingered in the way of sinners, nor sat in the seats of the scornful!

Their delight is in the law of the Lord, *
and they meditate on his law day and night.

They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.

It is not so with the wicked; *
they are like chaff which the wind blows away.

Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.

For the Lord knows the way of the righteous, *
but the way of the wicked is doomed.

Second Lesson: 1 Corinthians 15:12-20

Lector Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ-whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

The Word of the Lord

People Thanks be to God.

* THE HOLY GOSPEL: Luke 6:17-26

Gospeller The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Gospeller Jesus came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

“Blessed are you who are poor,
for yours is the kingdom of God.

“Blessed are you who are hungry now,
for you will be filled.

“Blessed are you who weep now,
for you will laugh.

“Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.”

“But woe to you who are rich,
for you have received your consolation.

“Woe to you who are full now,
for you will be hungry.

“Woe to you who are laughing now,
for you will mourn and weep.

“Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.”

The Gospel of the Lord.

People Praise to you, Lord Christ.

SERMON

All We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

* PRAYERS OF THE PEOPLE

adapted from *Hear Our Prayer: Prayers of the People for the Revised Common Lectionary*

Intercessor Let us pray, turning toward the one who makes the desert in our hearts bloom with the flowers of hope saying, Lord in your mercy, hear our prayer.

Engrave our hearts with your living word of love, that we might listen and turn to you.

Lord in your mercy,

People Hear our prayer.

Intercessor Deepen the life of your church, giving it a will to serve the world in your name, and a spirit of welcome that draws all those who hunger to your table.

Lord in your mercy,

People Hear our prayer.

Intercessor Give your blessing of courage and truth to those who hold authority in our cities, towns, states, and countries; and to those who hold authority in our churches, workplaces, and lives.
Lord in your mercy,
People Hear our prayer.

Intercessor Watch over our next bishop, Amy, and her family as they prepare to join us in our life and ministry.
Lord in your mercy,
People Hear our prayer.

Intercessor The world cries out in despair and desolation. Send your love to heal the brokenness in our time.
Lord in your mercy,
People Hear our prayer.

Intercessor Quench the thirst of those who long for healing, cure, and reconciliation. Be with those who suffer in body, mind, and spirit, and comfort those who anxiously await a world of hope. We pray especially for those on the Cathedral's Prayer List, and for those whom we now name silently or aloud.
Lord in your mercy,
People Hear our prayer.

Intercessor Bring your promise of life in fullness to those who struggle, to those who are oppressed and persecuted, and to those in any kind of need.
Lord in your mercy,
People Hear our prayer.

Intercessor Hold in your care those who have died and welcome us into your eternal arms when our time comes, and let us all rise together in your new age. We pray especially for those we now name, either silently or aloud.
Lord in your mercy,
People Hear our prayer.

Presider In the hope of the life to come and in communion with those who have died, we look to the day where with your son and the Holy Spirit we might come to dwell in your verdant kingdom. **Amen.**

Deacon Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

The Holy Communion

OFFERTORY SENTENCE

Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 423 "Immortal, invisible, God only wise"

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
 2 Un - rest - ing, un - hast - ing, and si - lent as light,
 3 To all life thou giv - est, to both great and small;
 4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
 nor want - ing, nor wast - ing, thou rul - est in might;
 in all life thou liv - est, the true life of all;
 thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
 thy jus - tice like moun - tains high soar - ing a - bove
 we blos - som and flour - ish, like leaves on the tree,
 all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.
 thy clouds, which are foun - tains of good - ness and love.
 then with - er and per - ish; but nought chan - geth thee.
 'tis on - ly the splen - dor of light hid - eth thee.

Words: Walter Chalmers Smith (1824-1908), alt. Music: St. Denio, Welsh hymn, from *Caniadau y Cyssegr*, 1839; adapt. John Roberts (1822-1877); harm. *The English Hymnal*, 1906, alt.
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Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All **Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Presider And now, as our Savior Christ has taught us, we are bold to say,
 All Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power,
 and the glory, for ever and ever. Amen.

* BREAKING OF THE BREAD

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Presider Alleluia. Christ our Passover is sacrificed for us;
 People Therefore let us keep the feast. Alleluia.
 Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.
On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

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Presider Let us pray.
 All Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out
 to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.

* THE BLESSING

* DISMISSAL

Following the dismissal,
 People Thanks be to God.

* CLOSING HYMN: 567 "Thine arm, O Lord, in days of old"

1 Thine arm, O Lord, in days of old was strong to
 2 And lo! thy touch brought life and health, gave hear - ing,
 3 Be thou our great de - liv - erer still, thou Lord of

heal and save; it tri - umphed o'er dis - ease and death,
 strength, and sight; and youth re - newed and fren - zy calmed
 life and death; re - store and quick - en, soothe and bless,

o'er dark - ness and the grave. To thee they went, the
 owned thee, the Lord of light: and now, O Lord, be
 with thine al - might - y breath: to hands that work and

blind, the deaf, the pal - sied, and the lame, the lep - er
 near to bless, al - might - y as of yore, in crowd - ed
 eyes that see, give wis - dom's heav - en - ly lore, that whole and

set a - part and shunned, the sick with fe - vered frame.
 street, by rest - less couch, as by Gen - nes - aret's shore.
 sick, and weak and strong, may praise thee ev - er - more.

Words: Edward Hayes Plumptre (1821-1891), alt. Music: St. Matthew, from *Supplement to the New Version of Psalms* by Dr. Brady and Mr. Tate, 1708. All rights reserved. Reprinted under OneLicense.net #A-710278.

Serving Today

Presider	The Rev. W. James Yazell
Preacher	The Rev. CJ Duffie
Assisting	The Very Rev. Dr. Andrew C. Keyse
Deacon	The Rev. CJ Duffie
Organist	Dr. Lucas Fletcher
Lector	Joan Bergstrom
Eucharistic Minister	Terri Curran
Ushers	Deborah Carr, Greg Coffey

Connect to the Cathedral in a Deeper Way: Volunteer

from Dr. Joan Bergstrom, Volunteer Coordinator

I want to encourage you to connect to our church in a deeper way by joining a Volunteer group, either in worship or in hospitality. The worship services and hospitality are the spark that provides the vitality of our family formed in faith. Our need for more volunteers is real. Please consider supporting these ministries. Don't know how to do it? No worries — we'll train you.

You can find your fit by visiting our website at kccathedral.org/volunteer. The descriptions of the various ways you can serve are listed there and you can also click the link to contact me for more information or to sign up. Thank you!

Cathedral Prayer List

Pray for: Luke “Skippy” Harbur; Penny Sullivan; Ellen Goheen; Bob Sherwood; Rev. Miranda Cully; Those impacted by the apartment fire in Independence; Those injured in the school shooting in Nashville; David Barker; Ann Ryder; Juliana Johnson; Eric Anderson; Phineas Gitta; Sally Livengood; Sandra Fuhrman; Those impacted by fire in California; Glen and Terri Wesner; Those injured by gun violence in Queens, NY; Those injured in New Orleans; Diego Garcia; Gail; Leesa Fanning; Lisa Helgenkamp; All families affected by gun violence; All those fighting cancer; Charlotte Colburn; Doyle White; First Responders; Gloria Stocks; Isaiah Russell III; Jim Royer; Joyce Morrow; Larry McMullen; Mike Barzee & Family; Thaddeus Samuel Withers; Yvonne Kehoe Meier

Comfort and Peace: the family and friends of Ann Spicer; the family and friends of Katherine Reynolds Stamps; the family and friends of Martha Taylor Johnson; the family and friends of the McShann family; the family and friends of those lost and injured in the school shooting in Nashville; the family and friends of Roger Kirby; the family and friends of all those lost in the California fires; the family and friends of Dennis Sharkey; the family and friends of Charlotte, Jeffrey and Zachary Hatcher; the family and friends of those lost and injured in the Wisconsin school shooting; the family and friends of Randy Mueller; the family and friends of Sandra Hornbeck; the family and friends of Barbara O’Hearne; the family and friends of Lynn Schneider; the family and friends of James Shaffer; the family and friends of Bonita White; the family and friends of Donald Bradley; all families affected by gun violence

Pray for the Departed: the family and friends of Ann Spicer; those lost in the plane crash in Philadelphia; those lost in the crash in Washington DC; Katherine Reynolds Stamps; Martha Taylor Johnson; Dennis Sharkey; Roger Kirby; those lost in the California fires; Charlotte, Jeffrey and Zachary Hatcher; Randy Mueller; those lost in the school shooting in Wisconsin; Sandra Hornbeck; Barbara O’Hearne; Lynn Schneider; Bonita White; James Shaffer; Donald Bradley; Gabriel Kney; Robert Boehm; those lost in war; those who have died from gun violence

Diocesan Prayer Cycle: All Saints’ Episcopal Church, West Plains — *The Rev. Dr. James W. Harris, Jr., Priest in Charge*
The Order of Naucratius

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

View the prayer list anytime: kccathedral.org/prayers

Birthdays & Anniversaries

February 16
Jennifer Mason
Pat Martin
Patty Wood
Chip Buckner
Carody Atherton
Joseph Lewandowski

February 17
Gary Bressman
Jon Royal

February 18
Penny Citro
Mattie Ransom

February 19
Phineas Gitta
Mark Galus
Jeri Gore

February 20
Bruce Reed

February 21
Michael Wells

February 22
Abby Moore Belozor
Marie Whitacre
Brad Carter

Please contact the Cathedral office if we have omitted your birthday or anniversary: jtoma@kccathedral.org or 816.474.8260.

Today’s flowers are dedicated to the glory of God.

Sponsor the Altar Flowers

Altar flowers are a great way to beautify the sanctuary and remind your fellow worshipers of the new life that Jesus brings. They are also a great way to commemorate an event near a specific date, or honor/remember someone close to your heart.

Donations toward the weekly flowers can be given by anyone and are accepted in any amount. You can mail a check to the Cathedral office, put your donation in the offering or make a payment through our online payment site.



For more information:

kccathedral.org/flowers

or contact Julie Toma, jtoma@kccathedral.org.

Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; The Rev. CJ Duffie, *Deacon*; Dr. Lucas Fletcher, *Director of Music*; Clare Stern-Burbano, *College, Youth & Children’s Minister*; Julie Toma, *Cathedral Administrator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVea, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@skeltonmoore.com; Nigel Jones, *Junior Warden*, redbox712@gmail.com, (405) 747-6550; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Bill Boyd; Julie Brogno; Colin Chambers; Pat Decker; Steve King; Christine Morrison; Mathias Nichols; Charles Shipley

Formation for All Ages

Children: Sundays

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum. Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Once a month, we observe **Family Worship Sundays**. These Sundays provide an opportunity for families to worship together. Worship Boxes with resources for children are in the back cross aisle. Upcoming Family Worship Sundays: February 23, March 23, April 27, May 11.

Youth: Sundays

Youth Confirmation • 9:15 a.m.

Youth meet in the Haden Hall Youth Room for confirmation preparation with a light breakfast.
No class today.

10:30 a.m. • Worship

6 p.m. • Youth Group

Join us for dinner and fellowship in the Youth Room.

Prayers for GHTC Youth

This weekend, five GHTC youth and our youth minister, Clare, have joined youth and leaders from St. Andrew's Episcopal Church for their Winter Ski Retreat, an annual weekend of skiing, games, and fellowship in the Colorado Rockies.

Eight youth are preparing for confirmation at the Easter Vigil. Please pray for those who are enriching their faith and starting their journey as a confirmand in the Episcopal Church.

Adults: Sundays

The Path • 9:15 a.m. • Common Room

In our Adult Formation this year we will take a journey using Forward Movement's *The Path*, an excerpted version of the Bible that covers most of the major stories chronologically. Through *The Path*, we will become familiar with the grand overarching narrative of the entire Bible. We will learn the story of God's extraordinary and unrelenting love for us in its many dimensions. Copies of *The Path* are available in the Cathedral Bookstore if you would like to own a personal copy. Each chapter will be printed out weekly and made available so that everyone can follow along.

New attendees welcome at any time!

Adult Confirmation/Inquirers Class Sundays, February 9-April 6 • 9:15 a.m. Multipurpose Room

Would you like to formally join the Cathedral and the Episcopal Church? Interested in exploring confirmation, reaffirmation or reception? If so, please prayerfully consider joining us for our Adult Confirmation/Inquirers class. Contact Dean Andy (akeyse@kccathedral.org) if you have questions.

Adults: Tuesdays

GHTC's Virtual Cafe • 7:30 a.m. • Zoom

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30-9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m. • Zoom

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m. • Zoom

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Upcoming Events for Children & Youth



*Mark your calendars!
Mega Camp Registration
Now Open!*

June 1-7, 2025
Camp Wood YMCA, Elmdale, KS
For students in grades 3-12 for 2024-25 school year

Join us June 1-7, 2025 for Episcopal Summer Mega Camp!

Mega Camp is a 1-week overnight summer camp experience for young people who have finished grades 3-12. There's boating, horseback riding, archery, climbing tower, hiking, arts & crafts, plus Episcopal worship and formation. The camp community is like nothing else: campers will feel accepted and loved for who they are and be able to build their faith with others their age.

Camp is not restricted to Episcopalians or regular churchgoers. All are welcome, so feel free to invite friends and family.

Contact Clare (cstern@kccathedral.org) for details about registration, cost and scholarship availability.

Fun things happen at a Jr. High retreat! Games, activities, music and worship will expand on the theme and there'll be plenty of time to be with old and new friends. This year's weekend retreat homes in on the question "Who do you say that I am?" based on Matthew 16:15-19.

When: Friday, March 21, 7 p.m.-Saturday, March 22, 9 a.m.

Where: Good Shepherd Episcopal Church, 4947 NE Chouteau Drive, Kansas City, MO 64119

Who: Grades 6-9

Fee: \$25. Scholarships are available

There's a service component this year, too! Each youth needs to be a non-perishable item or new socks/underwear to support an community-based ministry.

Register & get more info at wemoyouth.diowestmo.org.

Questions? Contact Clare (cstern@kccathedral.org).



**YOUTH
LOCK-IN**

**MARCH
21ST - 22ND**

JUNIOR HIGH RETREAT

[HTTPS://WEMOYOUTH.DIOWESTMO.ORG/](https://wemoyouth.diowestmo.org/)

Outreach Volunteer Opportunities

The Emergency Food Assistance Program

In partnership with St. Paul's on Main, we have been invited to help organize and distribute food as part of TEFAP (The Emergency Food Assistance Program). We meet from about 9:30 a.m. to noon.

St. Paul's receives delivery of several pallets of shelf-stable and frozen food from Harvesters each month. Friendly volunteers are needed to break down the pallets and repackage the food into family-sized boxes and bags. Then we open the doors to those in need and start handing out the food.

Upcoming TEFAP dates:

February 15

March 15

To volunteer or for more information, contact Deacon Barbara 816.739.8032 or bwegener@kccathedral.org.



TEFAP
The Emergency Food Assistance Program

Pete's Garden

In the lower level of Founders' Hall, Pete's Garden is a food rescue committed to less food waste and more family meals. They collect unserved prepared food from caterers, restaurants and food service operations each day.

Pete's Garden meals are distributed through social service agencies that serve children and their families. Most of the families who receive Pete's Garden meals are headed by single women in low paying jobs, living below federal poverty guidelines.

Volunteers work together to portion and package donated food so it can be redirected to social service agencies who get meals to families.

Sign up for a shift at petesgarden.org/volunteer.



Nourish KC

Volunteers are the heart and soul of NourishKC. Every meal served, every pantry stocked, and every food item redistributed is made possible because of the time, energy, and dedication of our volunteers. Your support ensures that we can continue providing nutritious meals, offering essential pantry staples, and building a hunger-free community.

By volunteering with us, you become part of a compassionate movement that transforms lives—one meal at a time. Whether it's lending a hand in our Community Kitchen, assisting with pantry distribution, or helping with events, your contribution makes a lasting impact.

Together, we can achieve more. Join us today and help nourish Kansas City!

Sign up for a shift at theprospectkc.org/nourish-kc.



NOURISHKC

Weekly Calendar

Sunday

- 8 a.m. Holy Eucharist
- 9 a.m. Coffee Hour/Hospitality Time
- 9:15 a.m. Formation for Adults & Youth
- 10:30 a.m. Holy Eucharist*
- 10:30 a.m. Cathedral Kids
- 11:30 a.m. Coffee Hour/Hospitality Time
- 5 p.m. Order for Evening and Holy Eucharist
[Choral Evensong, 3rd Sundays]
- 6 p.m. Youth Group

*Streamed on YouTube @kccathedral
+On Zoom

Tuesday

- 7:30 a.m. GHTC's Virtual Cafe+
- 12:30 p.m. Women's Bible Study+
- 6:45 p.m. Lectionary Bible Study+

Wednesday

- 12:00 p.m. Noonday Prayer*
- 12:00 p.m. AA Meeting in Multipurpose Room
- 12:05 p.m. Holy Eucharist

Thursday

- 7 p.m. Rehearsal: Trinity Choir

Learn more about our weekly services and opportunities for study and fellowship: kccathedral.org

News & Events from the Diocese

For RSVP/registration & more info: diowestmo.org/events

Getting From Here to There: Congregational Development for Congregational Vitality February 22 • 10 a.m. to 4 p.m. • Founders' Hall

As we continue our work with Congregational Vitality in the diocese, we are pleased to welcome Bishop Melissa Skelton for a one-day workshop for clergy and lay leaders of our churches. In this workshop, we'll learn how we can develop our congregations to "get from here to there" to be more faithful, healthy, and fruitful local manifestations of the Body of Christ.

This free workshop will offer exposure to some of the frameworks and tools for congregational development that have been used by the College of Congregational Development, founded by Bishop Skelton, and hosted now by twelve Episcopal Dioceses and one Canadian province in The Anglican Church of Canada.

All clergy and lay leaders are encouraged to attend. Registration is free on the Diocesan website.

Celebrate Bishop Diane's Ministry with a Motown Dance Party

March 1 • 6-9 p.m. • Founders' Hall

Everyone from across the diocese is invited to celebrate Bishop Diane's ministry with a Motown Dance Party! Join us for an evening of music, dancing, and fun! Be sure to RSVP. Refreshments and snacks will be provided.

Bishop's Farewell Eucharist & Party

Friday, March 14 • 6 p.m. – 9 p.m.

The Metro-Northwest Deanery of The Diocese of West Missouri is inviting you to the Bishop's Farewell Party to commemorate Bishop Diane's service and ministry to our diocese.

The evening begins at 6 p.m. in the Nave for Eucharist then a potluck-style dinner in Founders' Hall! The Diocese of West Missouri will provide the main dish, vegetable trays, and mac and cheese, and we are all invited and encouraged to bring a side dish and/or dessert to share.

If you need ideas on what to bring, here is a list made with different dish ideas you can bring based on your last name. Keep in mind this is not a requirement, but a suggestion.

A-G: Salads (Potato, green, pasta, cole slaw, deviled eggs, etc.)

H-L: Fruit (Salad, tray, jello, etc.)

M-P: Baked Beans or Potato Casserole

Q-R: Rolls and Butter

S-W: Desserts

X-Z: Chips and Dip

Be sure to RSVP, and if you have any questions, please don't hesitate to reach out to your dean, or contact the diocesan office. We look forward to celebrating this meaningful occasion with all of you as we bid farewell to Bishop Diane.

Prayer for the Transition of Our Next Bishop

Gracious and Loving God, we give thanks for the election of our next Bishop, Amy. Watch over Amy, her husband Jared, and their children Elise, Jacob, and Woodrow as they prepare to leave friends, colleagues, and neighbors to join us here in the Diocese of West Missouri. Open our hearts to receive your inspiration and wisdom so that we may joyfully welcome them into our life and ministry in You. This we ask in grateful thanksgiving. AMEN.

Donate to the IX Bishop Gifts Fund

The Diocese of West Missouri is now accepting donations to the IX Bishop Gifts Funds. These funds will be used to procure the gifts for our Bishop-elect Amy Dafler Meaux, which will be presented at her ordination as the Ninth Bishop of West Missouri on May 3, 2025. These gifts will include a stole, pectoral cross, ring, cope, mitre, and crozier. Individuals or groups wishing to inquire about covering the cost of a particular item should contact the diocesan office at info@diowestmo.org for further details. Donate online at diowestmo.org or send a check made payable to **The Diocese of West Missouri** to 420 West 14th Street, Kansas City, MO 64105. Please include "IX Bishop Gifts" in the memo line.



Today's Focal St. John's Bible Illumination

“Two Ways of Living” (Luke 6:17-26)

[Utilizing the “Beatitudes” Illumination from Matthew 5]

In Luke's narrative, Jesus had chosen his twelve Apostles just prior to delivering the body of teachings often titled “The Sermon on the Mount” (Matthew's account) or “The Sermon on the Plains” (Luke's account) of which the Beatitudes constitute one section. In Luke's version, emphasis is given to a view of God's kingdom that stands in stark contrast to our society's usual way of thinking about values and priorities. In doing this, Jesus informs his would-be disciples of what following him truly involves. God's blessings accrue to the poor, hungry, sad, and expendable while woe is announced for the rich, full, happy, and popular. Biblical exegetes have struggled for centuries over how to correctly interpret and apply these teachings to everyday Christian living. Most agree that the truth of these teachings does not reside with wallowing in guilt, romanticizing poverty, and avoiding happiness, but disagreements over exactly what they do teach make efforts to visually portray the Beatitudes enormously challenging.

Saint John's Bible Committee on Illumination and Text (CIT) chose to illumine the Matthew 5 version of the Beatitudes rather than the Luke 6 version. Consequently, focus is placed on their application to the Christian's spiritual life in contrast to the physical realm of concern. Matthew speaks of the “poor in spirit” and “those who hunger and thirst after righteousness” whereas Luke writes of God's favor resting on the most wretched, grieving, starving, and destitute of persons.

The “Beatitudes” was Thomas Ingmire's first illumination for the Saint John's Bible project. Later, he also did the “Ten Commandments” illumination for Exodus 20. Frequently parallels are made between Moses' ascending Mount Sinai to receive the Law and Matthew's depiction of Jesus “going up the mountain” to deliver a new rendering of God's law. In the “Ten Commandments” illumination, notice how the words shift from orderly and coherent to fragmented and incomprehensible when

viewed from a descending perspective but progress from fragmented to coherent when approached from an ascending perspective. In the “Beatitudes” illumination, note what happens with the word “blessed” as you shift perspectives on the page.

What parallels do you see between these two illuminations? Do you detect any differences between them? In Matthew 5:17 Jesus declares that he came to fulfill the Old Testament law, not abolish it. In what ways do the “Ten Commandments” and the “Beatitudes” illuminations convey this relationship?





The Absalom Jones Fund

People of all backgrounds and faiths are invited to give generously to the Absalom Jones Fund in support of the work of two historically Black institutions of higher education in cultivating and preparing leaders: Voorhees University and Saint Augustine’s University.

Many Episcopal congregations take dedicated offerings around Feb. 13 in observance of the Feast Day of Absalom Jones, the first Black priest ordained by the church.

Jones’ witness to the way of Jesus included efforts to abolish slavery and to lift up all those cast down. He understood that education is the key to empowerment. “Absalom Jones recognized the transformative power of education,” Bishop Michael Curry writes in a churchwide letter inviting donations. “These institutions continue his mission, providing a liberal arts education and robust campus ministries that shape young adults into ethical leaders.”

Both Saint Augustine’s University in Raleigh, North Carolina, and Voorhees University in Denmark, South Carolina, were founded after the Civil War to create educational opportunities for formerly enslaved people.



ABSALOM JONES FUND

“The chaplains at Voorhees and Saint Augustine’s play a crucial role in this formation, guiding students in their faith journey and helping them navigate the complexities of our world,” Curry writes.

Donations to the historically Black colleges and universities (HBCUs) help support “the vital work of these chaplains” he says. “By investing in these students, we are investing in a future where love, justice, and reconciliation prevail.”

Voorhees University and Saint Augustine’s provide an excellent liberal arts education to thousands of students, the majority of whom come from low-income households, and over 40% of whom are the first in their families to attend a four-year college. The Gospel work of education and emancipation, evangelism and formation, reconciliation and commitment to a just and humane society and world is happening at these schools!

To give: Make a donation online at iam.ec/ajf or call (212) 716-6002.

Announcements & Upcoming Events

Evensong, Organ Recital & Reception February 16 • 5 p.m.

Choral Evensong is a service offered by members of the Trinity Choir that includes hymns, scripture readings, prayers, chanted Psalms, canticles and a choir anthem. Following the service, all are welcome to take communion in the Chapel.

Immediately following Evensong, stay for a 30-minute organ recital by Dr. Elisa Williams Bickers. Elisa is the Principal Organist and co-director of music at the Mission campus of Village Presbyterian Church.

Following the recital, all are invited to a reception in the Common Room.

Calling All Bell Ringers

The Trinity Handbell Ensemble will be meeting for three to four rehearsals before ringing at a service March 23. If you have ever wanted to ring handbells, this is a great time to try it out! For more information, please contact Lucas Fletcher, lfletcher@kccathedral.org.

Paper Drive for Sheffield Place

Bring donations of toilet paper, paper towels and tissues to the basket in the Tower during the month of February. Sheffield Place assists homeless women and children in making the difficult journey from homelessness to self-sufficiency.

Office Closed: Monday, February 17

The Cathedral office will be closed Monday, February 17 for Presidents Day. If you have a pastoral emergency during this time, contact Dean Andy at 256.762.5889, Father James at 816.739.2930 or Deacon Barbara at 816.739.8032.

The Daily Office

On Thursday, March 6, Grace and Holy Trinity Cathedral will begin to offer Morning Prayer at 9 a.m. Monday through Thursday in-person and livestreamed.

The value of the Office is its objectivity. It is a means by which we pray with the whole church, uniting our prayer with that of millions of other Christians living and dead. This is true whether one is alone or in a group, for the Office is essentially a corporate act. It is objective too in that it does not depend on our feelings, but gives our prayer life a regularity and a disciplined framework. – Kenneth Leech, True Prayer

If you would like more information about our Morning Prayer service or guidance on how to say the Office yourself, please speak with Fr. James.

The Last Hurrah before Lent: Pancakes & Jambalaya

Signups at kccathedral.org/upcoming-events

Shrove Sunday Pancake Breakfast Sunday, March 2 • after both morning services Founders' Hall

What is Shrove Sunday? Well, it involves pancakes, laughter, and fellowship! Shrove Tuesday is the day before Lent. Lent is a season of simple living, and historically people did not eat rich foods, like milk, butter, or eggs during Lent. The day before Lent, people would clean out their kitchens by indulging in these rich foods. They would make pancakes, which use all of these ingredients plus flour. We celebrate Shrove Tuesday on Sunday at the Cathedral so we can all be together for the pancake feast. Join us for delicious breakfast plus fun events.

Mardi Gras Dinner

Tuesday, March 4 • 6 p.m. • Haden Hall

Join us for a festive Mardi Gras dinner featuring jambalaya, good company, lively music, and the joyous spirit of Fat Tuesday as we prepare for Lent. We look forward to celebrating with you! Jambalaya will be provided. Please bring cornbread/bread, a salad or a dessert.

Both of these events are perfect opportunities to invite friends or neighbors. Grab invite cards at the back of the Nave or find shareable graphics at kccathedral.org/upcoming-events.