

GRACE AND HOLY TRINITY EPISCOPAL CATHEDRAL



"Breaking Bread" by Sister Mary Stephen

Eleventh Sunday after Pentecost
August 4, 2024 • 5 p.m.

Welcome! We are glad you are here.

- If you are a visitor or new attendee, we invite you to fill out a welcome card, found in your pew, and place it in the offering plate or complete the form online. Use this QR code to access the form.
- If you need a hearing assistance device, please ask an usher. Instructions to connect via Bluetooth are on the back table.
- Gendered restrooms are available in Founders' Hall. A non-gendered, accessible restroom is available at west end (rear) of the Cathedral.



Service Notes

- Please rise, as able, for portions of the service marked with an asterisk (*).
- Donations may be placed in the offering, made through the Cathedral website: kccathedral.org, by scanning the QR code to the right or by texting "GIVEtoGHTC" to 73256. *Thank you for your generosity.*



HOLY EUCHARIST


VOLUNTARY: Pavane from *Rhythmic Suite*

Robert Elmore

The Order for Evening

* OPENING ACCLAMATION AND PRAYER FOR LIGHT

page 109

Cantor  *People*


Light and peace, in Je - sus Christ our Lord. Thanks be to God.

The presider adds a prayer for light.


* O GRACIOUS LIGHT *Phos hilaron*: 25

1  2

1 O gra - cious Light, Lord Je - sus Christ, in
2 Now sun - set comes, but light shines forth, the
3 Wor - thy are you of end - less praise, O



you the Fa - ther's glo - ry shone. Im - mor - tal, ho - ly,
lamps are lit to pierce the night. Praise Fa - ther, Son, and
Son of God, Life - giv - ing Lord; where - fore you are through



blest is he, and blest are you, his ho - ly Son.
Spi - rit: God who dwells in the e - ter - nal light.
all the earth and in the high - est heaven a - dored.

Words: Greek, 3rd cent.; tr. F. Bland Tucker (1895-1984); para. of *O Gracious Light*. Music: *The Eighth Tune*, Thomas Tallis (1505?-1585). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

The Word of God

* COLLECT OF THE DAY

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

First Lesson: Exodus 16:2-4, 9-15

Lector The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

The Word of the Lord.

People **Thanks be to God.**

Psalm 78:23-29

page 696



Cantor So he commanded the clouds | above *
and opened | the doors of heaven.

All He rained down manna upon them | to eat *
and gave | them grain from heaven.
So mortals ate the bread of | angels; *
he provided for | them food enough.
He caused the east wind to blow in the | heavens *
and led out the | south wind by his might.
He rained down flesh upon them | like dust *
and winged birds like the | sand of the sea.
He let it fall in the midst of | their camp *
and round | about their dwellings.
So they ate and were | well filled, *
for he gave | them what they craved.

Second Lesson: Ephesians 4:1-16

Lector I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

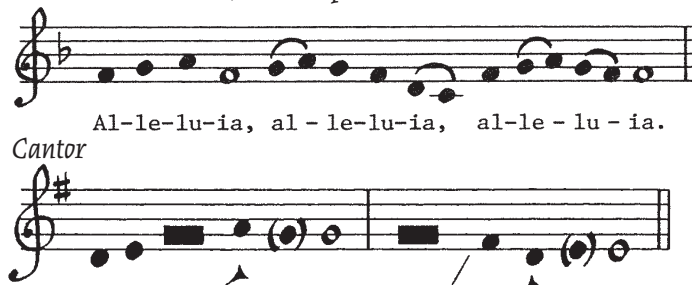
“When he ascended on high he made captivity itself a captive;
he gave gifts to his people.”

(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord.

People Thanks be to God.

* ALLELUIA VERSE *Cantor; then People*



All repeat the three alleluias.

* THE HOLY GOSPEL: John 6:24-35

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Gospeller The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

People

Praise to you, Lord Christ.

SERMON

* THE NICENE CREED

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All

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessor Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

Intercessor We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Intercessor Lord, in your mercy
People **Hear our prayer.**

The Presider adds a concluding Collect.

Presider Let us confess our sins against God and our neighbor.

All Most merciful God,
 we confess that we have sinned against you
 in thought, word, and deed,
 by what we have done,
 and by what we have left undone.
 We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.

Presider Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

* THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

CELEBRATION PRAYER

All O God, our times are in your hand: Look with favor, we pray, on your servant(s) as *they* begin another year. Grant that *they* may grow in wisdom and grace, and strengthen *their* trust in your goodness all the days of *their* lives; through Jesus Christ our Lord. Amen.

BISHOP SEARCH PRAYER

All O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.

The Holy Communion

OFFERTORY SENTENCE

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Presider Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.
Ephesians 5:2

* OFFERTORY HYMN: 709 "O God of Bethel, by whose hand"



1 O God of Beth - el, by whose hand thy peo - ple still are fed;
2 Our vows, our prayers, we now pre - sent be - fore thy throne of grace;
3 Through each per - plex - ing path of life our wan - dering foot - steps guide;
4 O spread thy shel - tering wings a - round, till all our wan - derings cease,
5 Such bless - ings from thy gra - cious hand our hum - ble prayers im - plore;



1 who through this earth - ly pil - grim - age hast all thine Is - rael led:
2 O God of Is - rael, be the God of this suc - ceed - ing race.
3 give us each day our dai - ly bread, and rai - ment fit pro - vide.
4 and at our Fa - ther's loved a - bode our souls ar - rive in peace!
5 and thou shalt be our cov - enant God and por - tion ev - er - more.

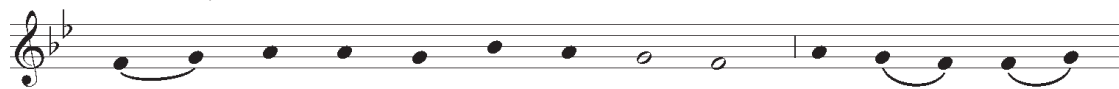
Words: Philip Doddridge (1702-1751), alt. Music: Dundee, melody from *The CL Psalms of David*, 1615; fauxbourdon *The Psalms of David in Prose and Meter*, 1635. All rights reserved. Reprinted under OneLicense.net #A-710278.

Presider Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns for ever and ever.
Amen.

Presider And now, as our Savior Christ has taught us, we are bold to sing,

S119: The Lord's Prayer

All



Our Fa - ther, who art in hea - ven, hal - low - ed



be thy Name, thy king - dom come, thy will be done,



on earth as it is in hea - ven. Give us this day our

dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Music: *Plainsong*; adapt. Charles Winfred Douglas (1867-1944). All Rights Reserved. Reprinted under OneLicense.net #A-710278.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION

*All are welcome to receive communion or a blessing.
For gluten-free bread, cross your hands palms down.
For a blessing, cross your hands over your chest.*

On the first Sunday of each month, prayer for healing is offered at the prayer desk until the close of worship.

* POSTCOMMUNION PRAYER

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Presider Let us pray.

All **Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Presider The grace of our Lord Jesus Christ, and the love of God, in the fellowship of the Holy Spirit, be with us all evermore. Amen.

Following the dismissal,

People Thanks be to God.

* CLOSING HYMN: 307 "Lord, enthroned in heavenly splendor"

1 Lord, en - throned in heaven - ly splen - dor, first - be -
 *2 Here our hum - blest hom - age pay we, here in
 *3 Though the low - liest form doth veil thee as of
 4 Pas - chal Lamb, thine of - fering, fi - nished once for
 5 Life - im - part - ing heaven - ly Man - na, smit - ten

1 got - ten from the dead. Thou a - lone, our strong de -
 2 lov - ing rev - erence bow; here for faith's dis - cern - ment
 3 old in Beth - le - hem, here as there thine an - gels
 4 all when thou wast slain, in its full - ness un - di -
 5 Rock with stream - ing side, heaven and earth with loud ho -

Al - le -

1 fend - er, lift - est up thy peo - ple's head.
 2 pray we, lest we fail to know thee now.
 3 hail thee, branch and flower of Jes - se's stem.
 4 min - ished shall for ev - er - more re - main.
 5 san - na wor - ship thee, the Lamb who died.

lu - ia! Al - le - lu - ia! Al - le -

Al - le - lu - ia! Al - le - lu - ia!

lu - ia!

1 Je - sus, true and liv - ing
 2 Thou art here, we ask not
 Al - le - lu - ia! 3 We in wor - ship join with
 4 Cleans - ing us from ev - ery
 5 Risen, a - scend - ed, glo - ri -

1 bread! Je - sus, true and liv - ing bread!
 2 how. Thou art here, we ask not how.
 3 them. We in wor - ship join with them.
 4 stain. Cleans - ing us from ev - ery stain.
 5 fied! Risen, a - scend - ed, glo - ri - fied!

Words: George Hugh Bourne (1840-1925), alt. Music: *Bryn Calvaria*, melody William Owen (1813-1983); harm. *Christian Hymns*, 1977. All rights reserved. Reprinted under OneLicense.net #A-710278.

VOLUNTARY: Toccata from *Douze pièces pour orgue*

Théodore Dubois

Serving Today

Presider & Preacher	The Rev. Barbara Wegener
Lector & Eucharistic Minister	Trish Lambert
Healing Minister	Patti Ryder
Cantor	Dr Kelli Van Meter
Organist	Dr. Lucas Fletcher

Bishop Slate Announcement

The Standing Committee of the Episcopal Diocese of West Missouri is pleased to announce a slate of four candidates for our ninth bishop. The election will be held on Saturday, November 9, 2024. The next bishop will succeed The Right Reverend Diane M. Jardine Bruce, Bishop Provisional. Petition Candidates will be accepted until 12 p.m./noon central on August 7, 2024.

The candidates in alphabetical order are:

- The Reverend Jimmy Abbott, Rector, Trinity Episcopal Church, Galveston, Texas
- The Very Reverend Amy Dafler Meaux, Dean and Rector, Trinity Episcopal Cathedral, Little Rock, Arkansas
- The Reverend Dr. Bradley Pace, Rector, St. John's Episcopal Church, Lafayette, Indiana
- The Reverend Molly Payne-Hardin, Rector, Trinity Episcopal Church, Watertown, New York



The Rev. Jimmy
Abbott



The Very Rev.
Amy Dafler Meaux



The Rev. Dr.
Bradley Pace



The Rev. Molly
Payne-Hardin

For more information about the candidates or to file a petition candidate:
bishopsearch.diowestmo.org

Meet the Candidates

Mark your calendars with the following dates for the opportunity to meet the final nominees in and around the Diocese. All (for everyone) WESTMODIOlogues will be at the following locations and all will start at 6 p.m. with a light meal and the discussions will start at 7 p.m.

September 16, 2024

Grace Episcopal Church, Carthage (Bilingual)

September 19, 2024

Grace and Holy Trinity Cathedral, Kansas City

September 17, 2024

Christ Episcopal Church, Springfield

September 20, 2024

Church of the Redeemer, Kansas City

September 18, 2024

St. Anne's Episcopal Church, Lee's Summit

O Creator God, giver of every good gift, look graciously on us in the Diocese of West Missouri and guide us as we discern our call of a new bishop. O Jesus, be present in our discernment, and lead us to a shepherd who will invite us to live out the Gospel every day. O Holy Spirit, inspire us with your wisdom, and kindle our hearts with the fire of your love, that we may be renewed as we prepare to welcome the ministry of our next bishop. This we ask trusting in You. Amen.

Cathedral Prayer List

Pray for: Sadie Wolters; Lyle Oliver; Lynne Avery; Michah Avery; Peggy's Nephew; Martha Mitchell; Jodi Robinson; Cliff Mosley; Sally Livengood; Flynn; Lenette Johnson; Nigel Jones; Claudia Brown; Robert Dean Melton; Jan and John Bacchus; Joyce and Jim Buford; Carolyn and Harold; Joyce Gillespie; Joyce Morrow; Wayne Alexander; Theresa Gasper; Charlotte Colburn; Pat Lieve; Mike Barzee & Family; Doyle White; Bonita White; Jim Royer; Thaddeus Samuel Withers; All those fighting cancer; Jinny McCoy; Larry McMullen; Phyllis & James Shaffer; Gloria Stocks; First Responders; all families affected by gun violence

Comfort and Peace: the family and friends of Nick Vaughn; the family and friends of Martha Jane Oakes; the family and friends of Miriam Marrs; all families affected by gun violence

Pray for the Departed: Nick Vaughn; Martha Jane Oakes; Miriam Marrs; for all those lost in war; for all who have died from gun violence

Diocesan Prayer Cycle: Grace and Holy Trinity Cathedral, Kansas City—The Very Rev. Dr. Andy Keyse, Dean; The Rev. James Yazell, Associate Clergy; The Rev. Barbara Wegener, Deacon; The Very Rev. Peter DeVeau, Dean Emeritus; Congregational Vitality Committee

For the complete prayer list: kccathedral.org/prayers

To place a person on this prayer list, please contact Deacon Barbara Wegener, bwegener@kccathedral.org.

Requests are held in prayer for 90 days.

Birthdays & Anniversaries

August 4

Cliff Mosley
Chuck & Michelle Ritter

August 5

Jim Crum

August 6

Neal McCarroll

August 7

Kristen & Mathias Nichols

August 8

Kirkland Gates
Delaney Spoonhour
Barbara Wegener

August 9

Keith Oliver
Murphy Dutton

August 10

Sandra Hornbeck

Please contact the Cathedral office if we have omitted your birthday or anniversary: jtoma@kccathedral.org or 816.474.8260.

Weekly Flower Donations

Donations toward the weekly flowers can be given by anyone who wants to acknowledge special events or people in their lives. Gifts are accepted in any amount. You can mail a check to the Cathedral office, put your donation in a flower envelope and place in the offering or make a payment through our online payment site.

See kccathedral.org/flowers for more information or contact Julie Toma, jtoma@kccathedral.org.



Cathedral Staff: The Very Rev. Dr. Andrew C. Keyse, *Dean*; The Rev. W. James Yazell, *Associate Priest*; The Rev. Barbara Wegener, *Deacon*; Dr. Paul Meier, *Director of Music*; Dr. Lucas Fletcher, *Associate Organist*; Clare Stern-Burbano, *College, Youth & Children's Minister*; Julie Toma, *Cathedral Administrator*; Melissa Kilpatrick, *Communications Coordinator*; Holly Campbell, *Events Coordinator*; Steve Berman, *Finance Coordinator*; Dr. Joan Bergstrom, *Sacristan & Volunteer Coordinator*; Angie Graham, *Facility Manager*; Bianca Jackson, *Assistant Facility Manager*; The Very Rev. Peter J. DeVeau, *Dean Emeritus*; Canon John Schaefer, *Canon Musician Emeritus*

The Vestry: Steve Moore, *Senior Warden*, smoore@rdm.law; Valerie Johnson, *Junior Warden*, johnson_jb@hotmail.com; Chip Buckner, *Treasurer*; Blain Lagergren, *Clerk*; Julie Brogno; Sharon Cheers; Sara Copeland; Pat Decker; Nigel Jones; Paula Livingston-Lewis; Mathias Nichols; Charles Shipley; Michael Thomas

Adult Formation

JOIN US FOR A SEASON
OF DISCERNMENT

THE ORDER OF THE DAUGHTERS OF THE KING

We are excited to announce that our cathedral is beginning a discernment period this fall to potentially form a chapter of the Order of the Daughters of the King®. This is a wonderful opportunity for all women seeking a deeper Christian community and fellowship.

Starting this fall, we will gather for three months in a study group to explore our faith and learn more about the Order. This time of fellowship and reflection will help us discern if God is calling us to establish a chapter here.

For more information, please visit our table at the Ministry Fair or reach out to Valerie Johnson or Kelsey Leftwich-Yazell.

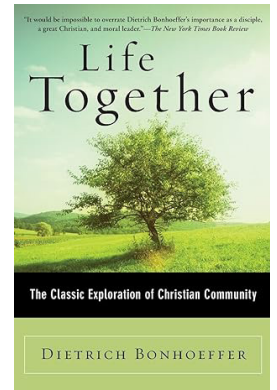
Sunday

A Book Study on *Life Together*

July 7, 21, 28, Aug. 4 • 9:15 a.m. • Common Room

Dean Andy and Fr. James are co-teaching a book study on *Life Together* by Dietrich Bonhoeffer.

Based on the common life Bonhoeffer experienced with his seminarians at the Finkenwald seminary before it was closed by the Nazis, we will read and discuss his reflections on the nature of Christian community.



Schedule

July 7: Community

July 14: Attend the All Parish Breakfast in Founders' Hall

July 21: The Day Together

July 28: The Day Alone and Service

August 4: Confession and the Lord's Supper

We have a few copies available for purchase (\$10) or you can purchase your own copy.

Tuesday

GHTC's Virtual Cafe • 7:30 a.m.

Please join us for our weekly conversation in GHTC's Virtual Cafe! Tuesday mornings from 7:30–9 a.m. For details, visit kccathedral.org/other-activities.

Women's Bible Study • 12:30 p.m.

Conversation is lively, thought-provoking, and often irreverent. All are welcome. Visit the WBS page, kccathedral.org/adultformation/wbs for more information.

Lectionary Bible Study • 6:45 p.m.

We study the lessons for the upcoming Sunday. Join the Lectionary Bible Study group in Realm or visit the LBS page, kccathedral.org/adultformation/lbs for more details.

Sunday Formation at 9:15 a.m. for children and youth is on hiatus through September 1. Classes will resume **September 8**.



Children

Cathedral Kids • 10:30 a.m.

Cathedral Kids meets during the first half of the 10:30 a.m. worship service and during this time we weave together our sacred stories and our Episcopal identity with the Weaving God's Promises curriculum! Children attending Cathedral Kids will meet their parents or guardians inside the tower doors during the passing of the peace.

Questions? Contact Clare, childrensformation@kccathedral.org for more information.

Announcements

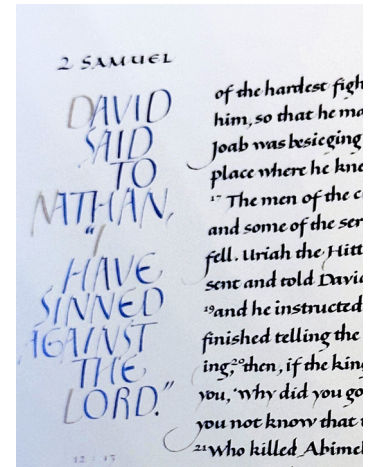
Today's Focal St. John's Bible Illumination: "I Have Sinned" (2 Samuel 12:13) A Focus on the Lesser Noted SJB Artwork

Through the careful attention given to visuals, Saint John's Bible seeks to supplement sacred verbal expression (lectio divina) with sacred visual messaging (visio divina). While the illuminations tend to attract the greatest viewer attention, other artistic elements in the Bible are employed to convey biblical insights and experiences as well. These elements require sustained, frequent, and discerning observation if the inquirer would gain the greatest spiritual benefit from them. Among these visual elements are elaborate capitals initiating each chapter, book plates displaying the title of each book, special text treatments, carpet pages, incipits, marginalia, and even smaller elements like the squares that mark the end of each paragraph. Each visual element conveys messages discernable by the reader who is attuned to perceiving them. Have you ever paused for a substantial period of time to contemplate messages conveyed through an elaborate capital or a special text treatment? Today might offer an opportunity for you to try that.

Like lexio divina, visio divina encourages exercising four levels of engagement with a source of devotional focus: observation (paying careful attention to what my eyes are perceiving), meditation (paying closer attention to specific aspects of what I have observed and practicing awareness of what my mind or reasoning is suggesting to me), prayerful engagement (taking note of insights I have gained and how my spirit or heart is being moved), and contemplation (paying careful attention to how God's Spirit might be communicating with me). Today's Saint John's Bible focus highlights an unassuming text treatment found in 2 Samuel 12:13. It comes from the Old Testament-Track 1 lectionary reading for Proper 13.

Positioned in the upper left-hand margin of the SJB page, this powerful confession seems understated as text treatments go. Compared to the magnitude of David's transgressions (adultery and murder), the confession appears visually small and unostentatious. Perhaps this is intended to be suggestive of David's sense of humiliation and self-deprecation over having been confronted with his sins. The blue lettering of the text is highlighted with several gold letters affirming that even in our most despicable moments, God is still with us. Our actions carry consequences, but God does not abandon us even during those times of unconscionable misconduct and disobedience.

Just ten short words are portrayed here: "David said to Nathan, 'I have sinned against the Lord,'" but they convey powerful theological implications about human conduct, moral responsibility before God, divine reckoning, divine mercy, repentance, confession, and more. What additional insights do you discern from contemplating this text treatment?



Open House at Pete's Garden Sunday, August 25 • morning coffee hours

Tamara Weber, founder of Pete's Garden, will be at both morning coffee hours to share about Pete's Garden and give tours of the Pete's Garden kitchen, which is located in the lower level of Founders' Hall.

Pete's Garden gets wholesome meals to hungry families. They collect unserved prepared food from caterers, restaurants and food service operations; then they portion and redirect the donated food.



FOR PETE'S SAKE
A tasting event benefiting Pete's Garden
Friday, September 20 | 6-8 p.m.

**SAVE
THE
DATE**



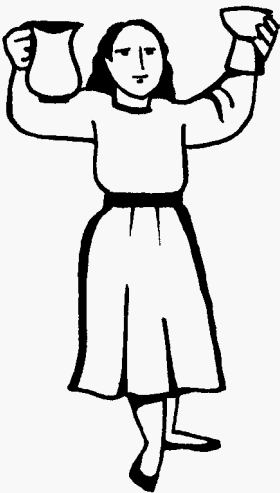
Announcements



**ALL PARISH
BREAKFASTS**
9 A.M.
FOUNDERS' HALL
AUGUST 11

Please join us in Founders' Hall at 9 a.m. for breakfast and fellowship.

Sign up to be an Oblation Bearer



Oblation bearers are members of the congregation who bring forward the gifts of bread and wine that we offer to God at the Offertory. People of all ages, even young children can help with this important liturgical role.

At the Cathedral, oblation bearers serve at the 10:30 a.m. service and at special services.

Sign up at kccathedral.org/volunteer or use the QR code.



Summer Music AT THE CATHEDRALS

Sundays in August at 2 p.m.
Free admission

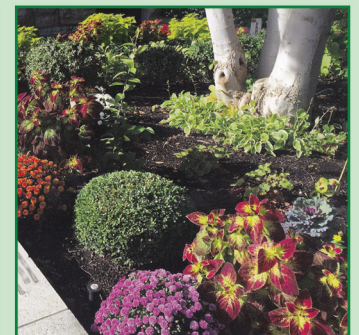
- 4 Suzanne Anderson, soprano, & Paul Meier, piano
Grace and Holy Trinity Cathedral
- 11 Ho Ahn, cello, & Jiwon Choi, piano
Grace and Holy Trinity Cathedral
- 18 Beauford Winds Woodwind Quintet
Grace and Holy Trinity Cathedral
- 25 French Organ Music Festival XII
Cathedral of the Immaculate Conception

kccathedral.org/musicevents

Fall Planting Day

Sunday, August 25 • 12 noon

Help us bring vibrant
fall colors to the
Cathedral grounds.
Bring gloves and garden
tools if possible.



**The Emergency
Food Assistance
PROGRAM**

New Volunteer Opportunity

In partnership with St. Paul's on Main, we have been invited to a new volunteer opportunity once a month on Saturday mornings at St. Paul's from approximately 9:30 a.m. to noon. This is to assist with distribution of TEFAP (The Emergency Food Assistance Program).

TEFAP dates the next few months are August 17, September 21 and October 19. For additional information on TEFAP, please visit kccathedral.org/outreach.

For more information, contact Deacon Barbara
816.739.8032 or bwegener@kccathedral.org.