

# GRACE AND HOLY TRINITY CATHEDRAL NOONDAY PRAYER

The Lesser Feast of Anselm of Canterbury,  
Archbishop of Canterbury and Theologian  
April 21, 2021 • 12 noon



*Page numbers listed are from The Book of Common Prayer.*

## OPENING SENTENCE

Officiant O God, make speed to save us.

People O Lord, make haste to help us.

All Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

## PSALM 139: 1-9

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All Lord, you have searched me out and known me; \*  
you know my sitting down and my rising up;  
you discern my thoughts from afar.

You trace my journeys and my resting-places \*  
and are acquainted with all my ways.

Indeed, there is not a word on my lips, \*  
but you, O Lord, know it altogether.

You press upon me behind and before \*  
and lay your hand upon me.

Such knowledge is too wonderful for me; \*  
it is so high that I cannot attain to it.

Where can I go then from your Spirit? \*  
where can I flee from your presence?

If I climb up to heaven, you are there; \*  
if I make the grave my bed, you are there also.

If I take the wings of the morning \*  
and dwell in the uttermost parts of the sea,

Even there your hand will lead me \*  
and your right hand hold me fast.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

## MATTHEW 11:25-30

Officiant Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

All Thanks be to God.

## REFLECTION

### THE PRAYERS

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Officiant Lord have mercy.  
People **Christ have mercy.**  
Officiant Lord have mercy.  
All **Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

Officiant Lord, hear our prayer;  
People **And let our cry come to you.**  
Officiant Let us pray.

Almighty God, whose servant Anselm helped your church to understand its faith in your eternal Being, perfect justice, and saving mercy: Provide your church in all ages with devout and learned scholars and teachers, that we may be able to give a reason for the hope that is in us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### INTERCESSIONS AND THANKSGIVINGS

### DISMISSAL

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Officiant Let us bless the Lord.  
People **Thanks be to God.**  
Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

The Very Rev. Dr. Andrew C. Keyse, *Officiant*

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